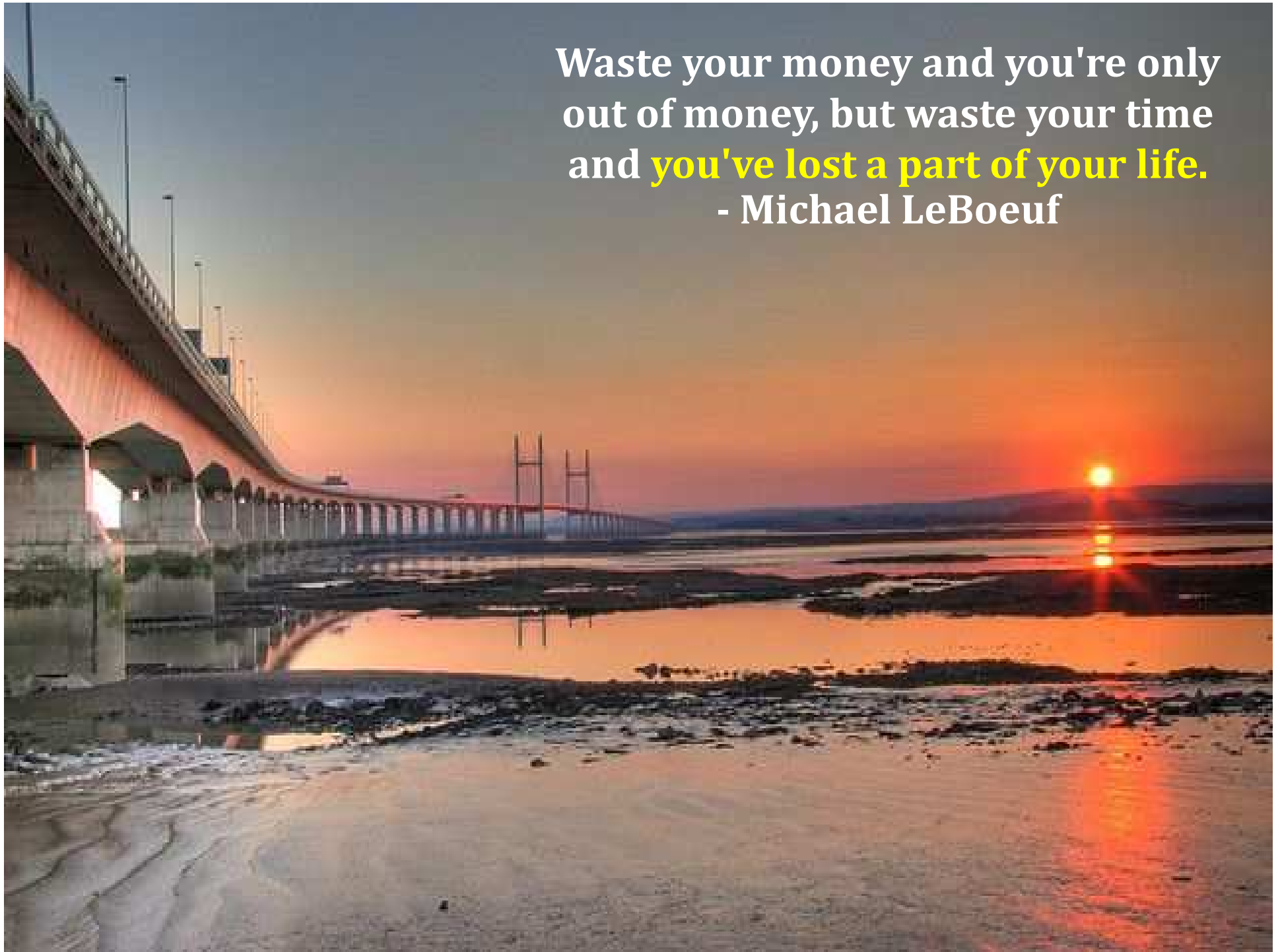


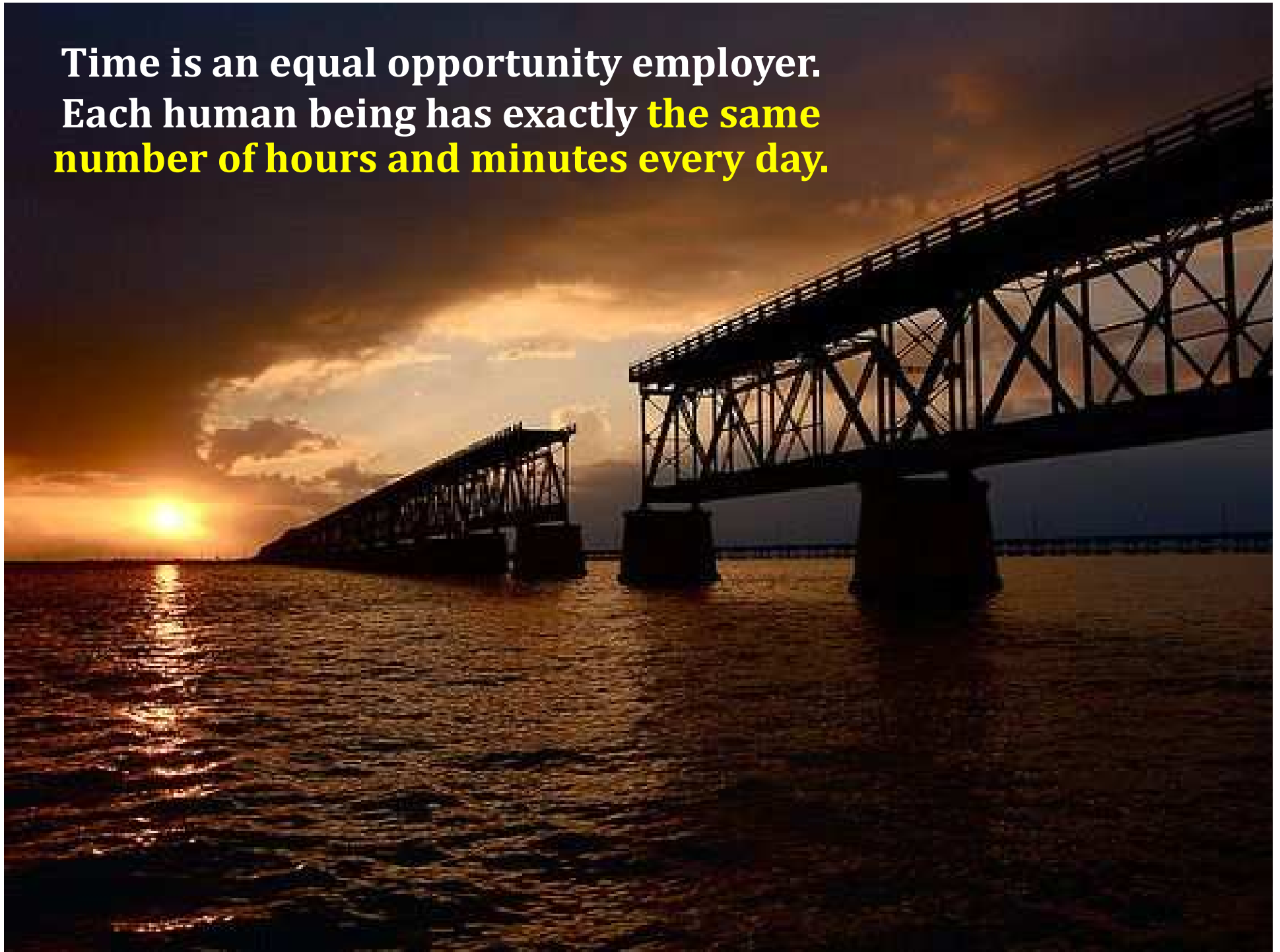


Don't Waste Your Life!!!

Waste your money and you're only
out of money, but waste your time
and **you've lost a part of your life.**
- Michael LeBoeuf

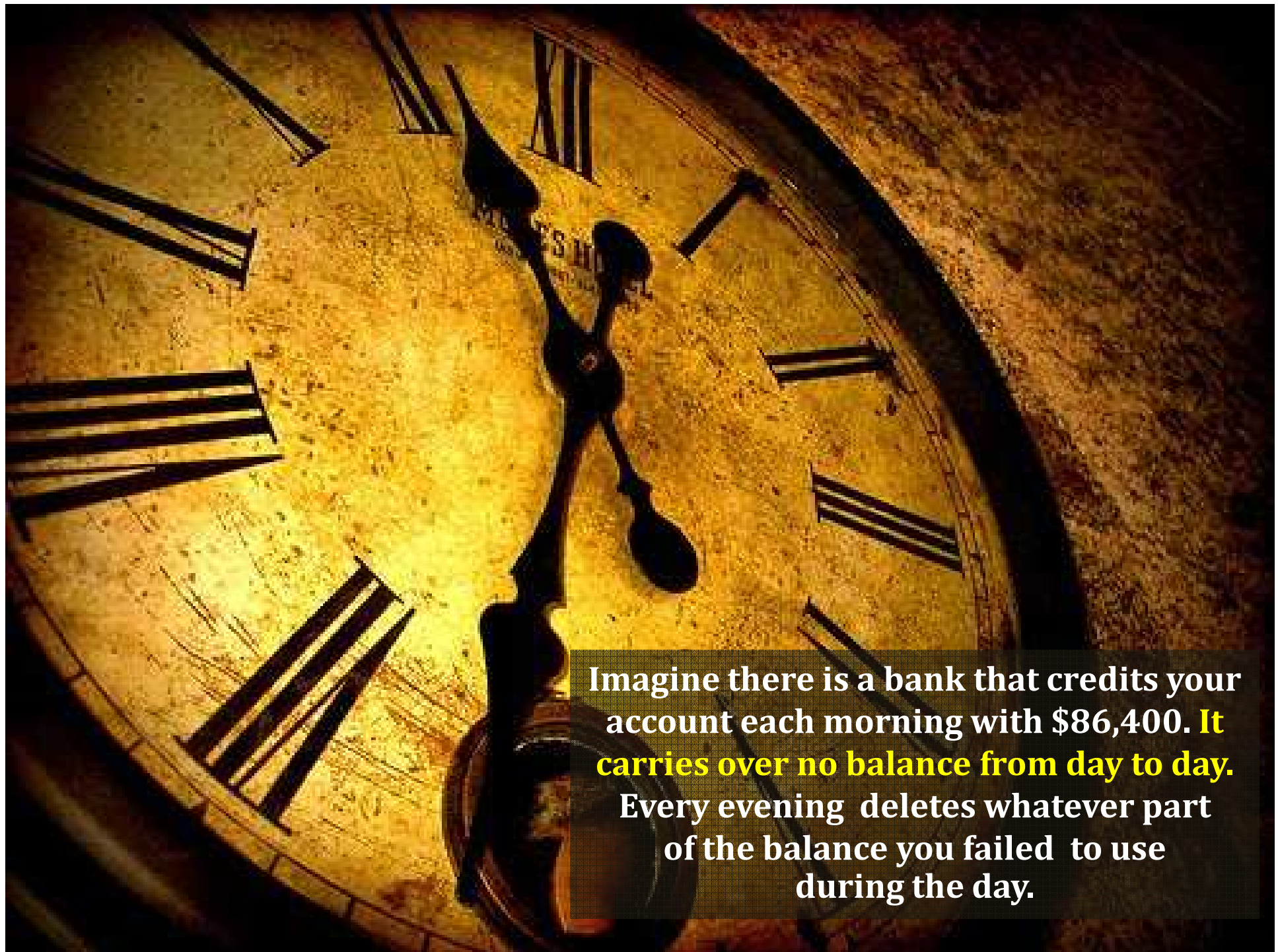


Time is an equal opportunity employer.
Each human being has exactly **the same
number of hours and minutes every day.**



Rich people can't buy more time. Scientists
can't invent new minutes. **And you can't
save time to spend on another day.**

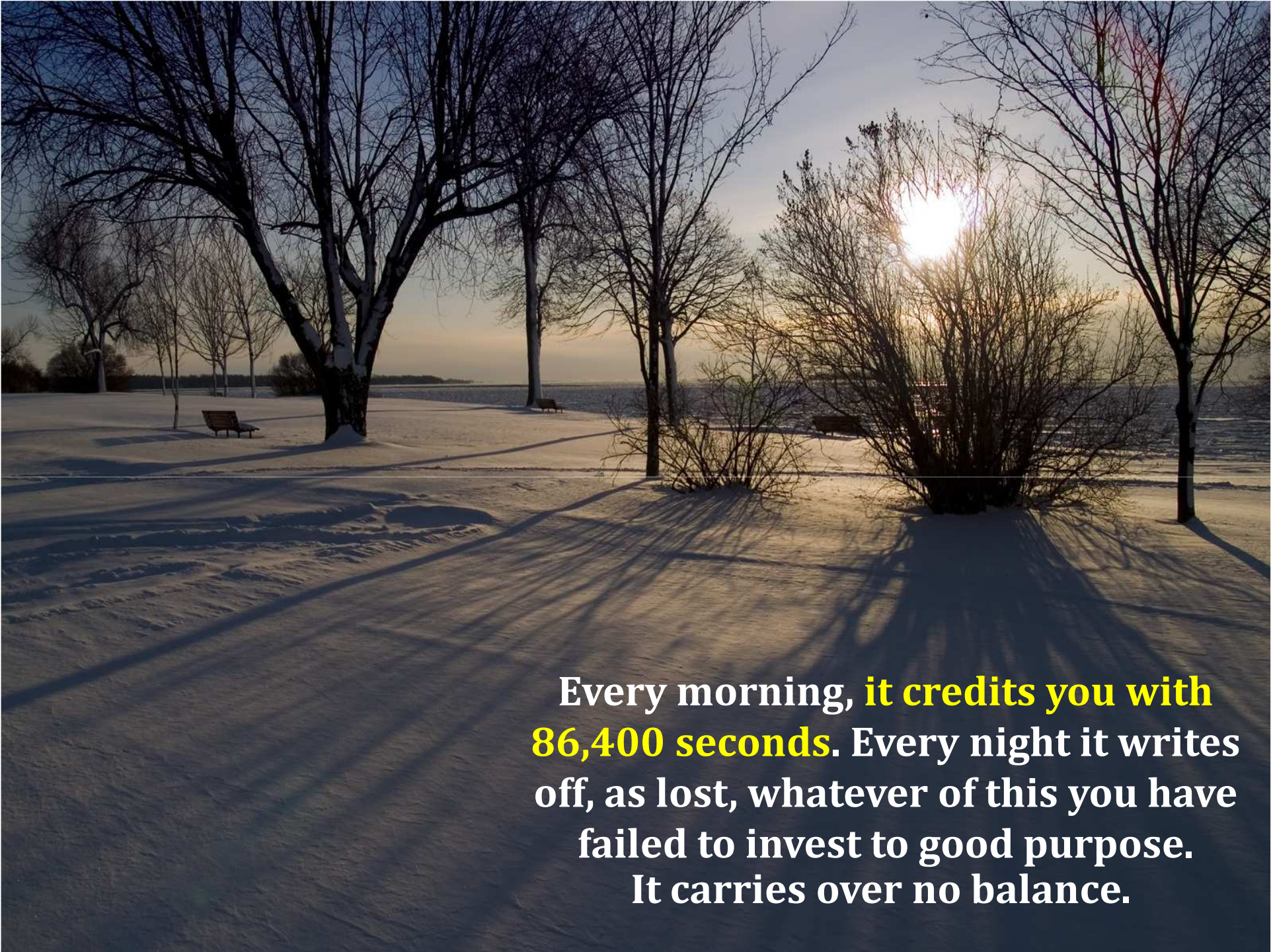




Imagine there is a bank that credits your account each morning with \$86,400. **It carries over no balance from day to day.** Every evening deletes whatever part of the balance you failed to use during the day.

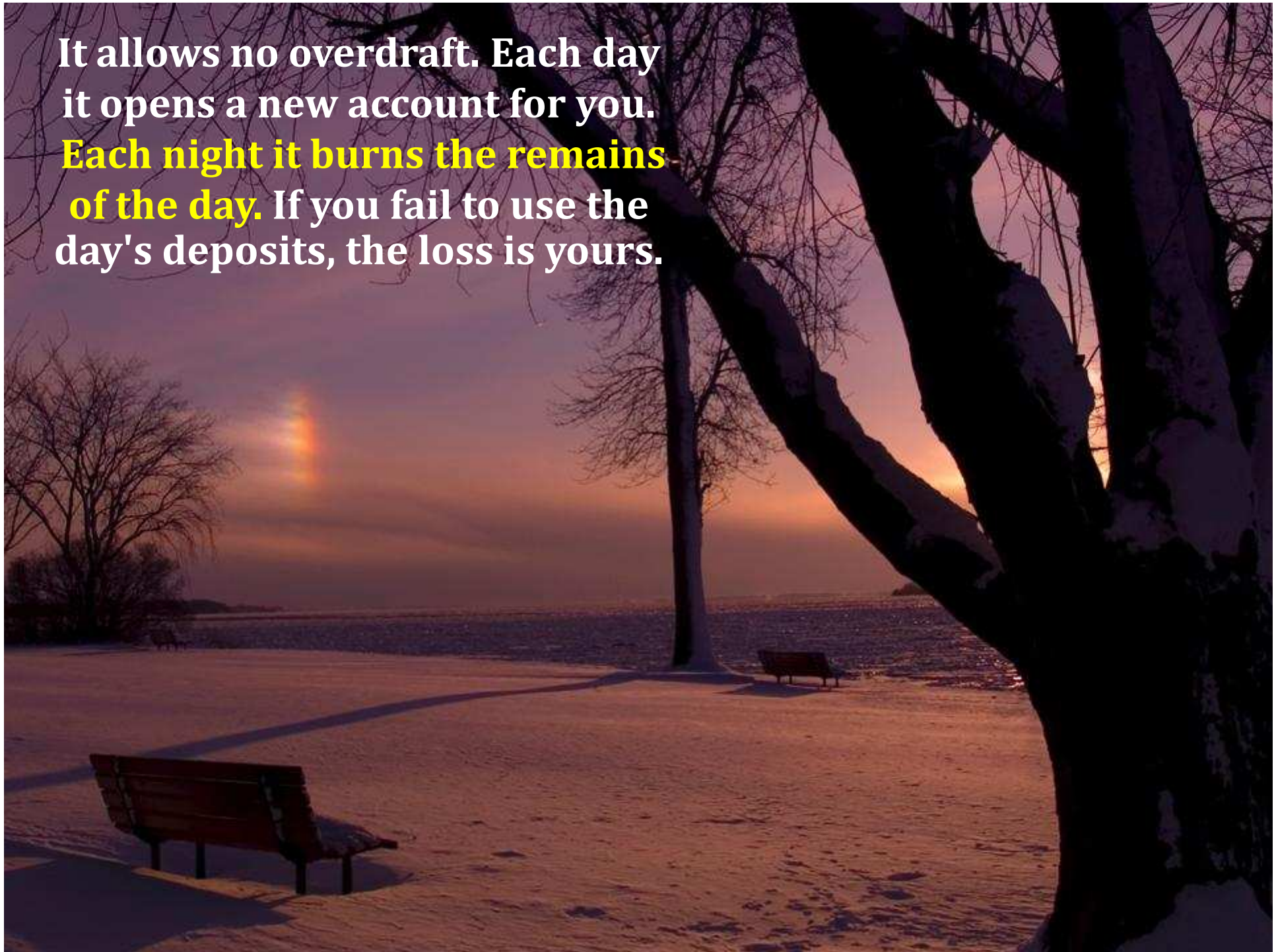


What would you do? Draw out every cent, of course!!!! Each of us has such a bank. **Its name is TIME.**



Every morning, **it credits you with 86,400 seconds.** Every night it writes off, as lost, whatever of this you have failed to invest to good purpose. It carries over no balance.

It allows no overdraft. Each day
it opens a new account for you.
**Each night it burns the remains
of the day.** If you fail to use the
day's deposits, the loss is yours.



There is no going back. There is no
drawing against the "tomorrow".

**You must live in the present
on today's deposits.**

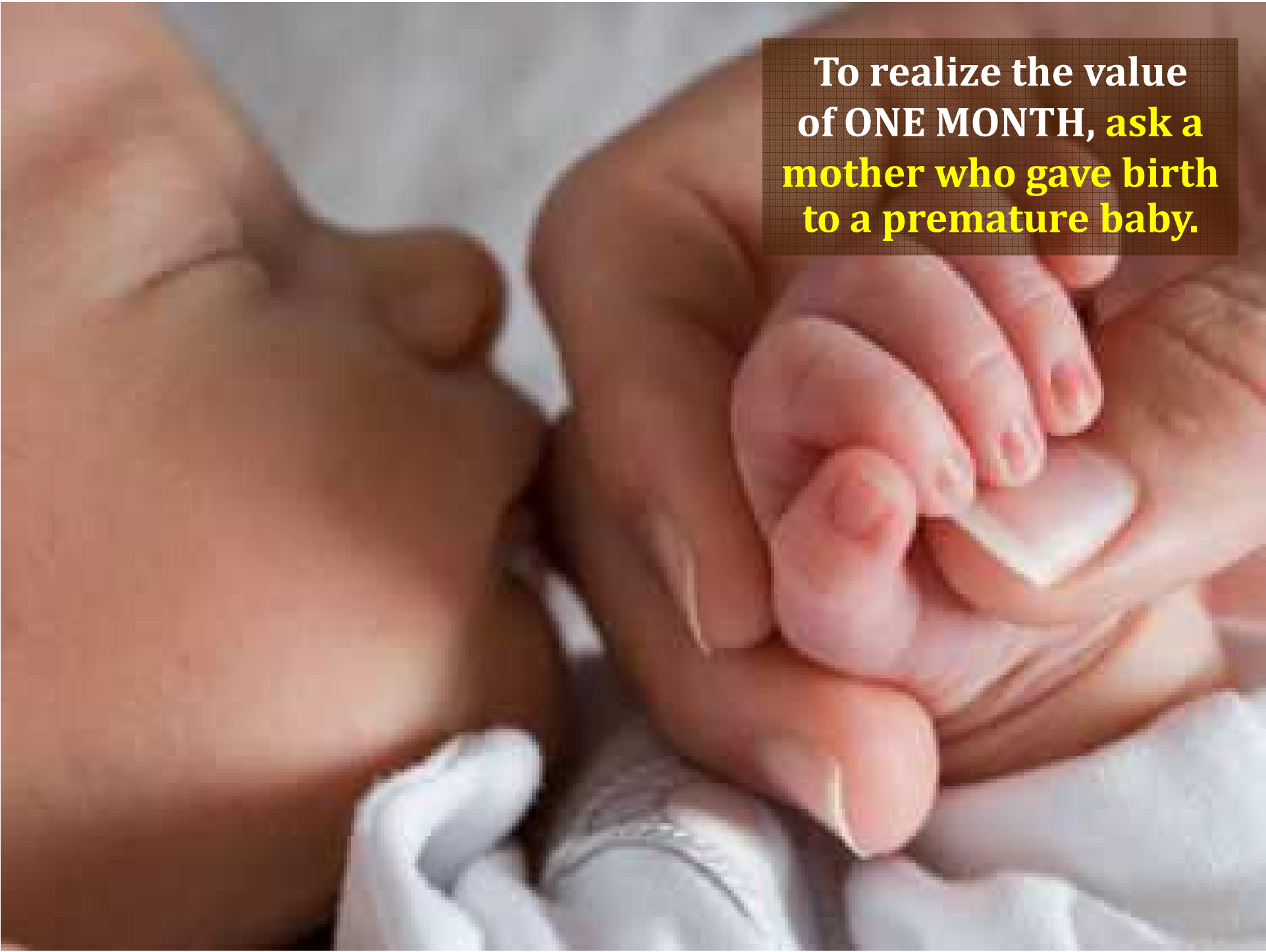


Invest it so as to get from it the
utmost in health, happiness, and
success! The clock is running.
Make the most of today.



A young man with dark, wavy hair is shown in profile, looking down. He is wearing a black and white horizontally striped shirt. The background is a warm, out-of-focus indoor setting. In the top right corner, there is a semi-transparent orange box containing text.

To realize the value of ONE
YEAR, **ask a student who
failed a grade.**



To realize the value
of ONE MONTH, **ask a
mother who gave birth
to a premature baby.**

To realize the value of ONE
WEEK, ask the editor of
a weekly newspaper.



To realize the value of ONE
HOUR, ask the lovers who
are waiting to meet.



To realize the value of ONE
MINUTE, **ask a person who
missed the train.**





To realize the value of ONE SECOND, ask a person who just avoided an accident.



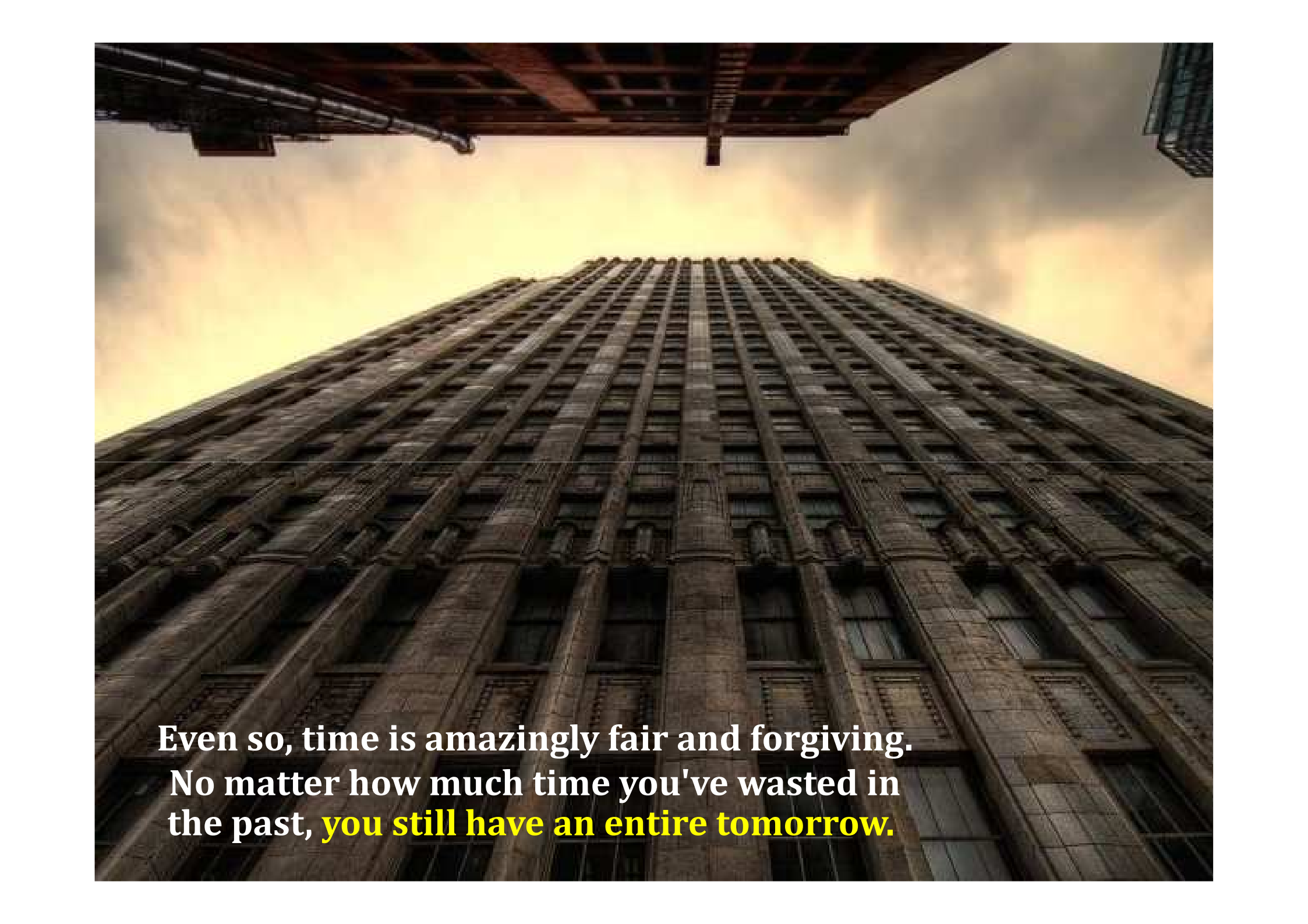
To realize the value of ONE MILLISECOND,
ask **the person who won a silver medal**
in the Olympics.

Treasure every moment that you have! And treasure it more because you shared it with someone special, special enough to spend your time.

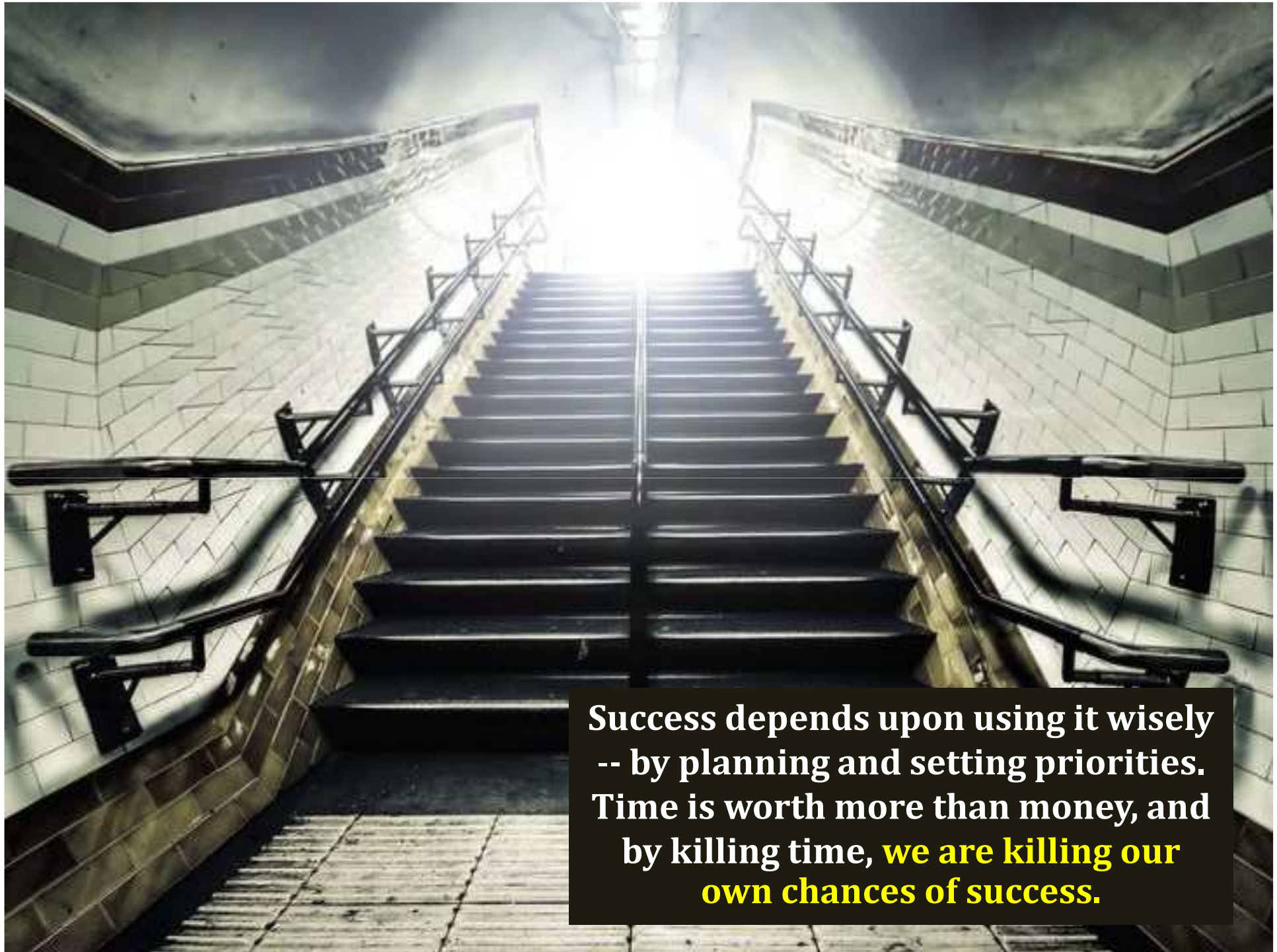


Remember that time waits for no one. Yesterday is history. Tomorrow is a mystery. Today is a gift. **That's why it's called the present!**

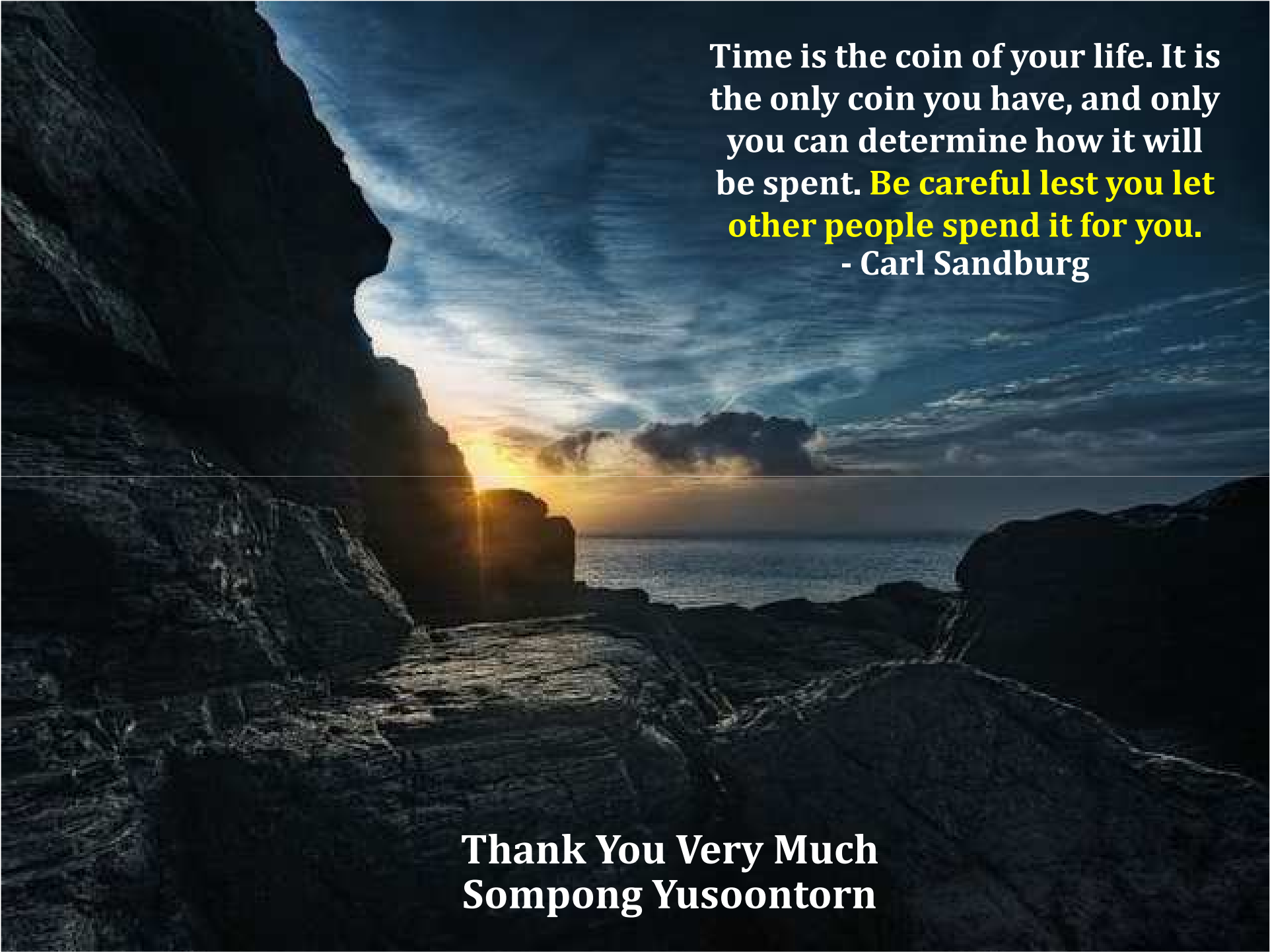




**Even so, time is amazingly fair and forgiving.
No matter how much time you've wasted in
the past, **you still have an entire tomorrow.****



**Success depends upon using it wisely
-- by planning and setting priorities.
Time is worth more than money, and
by killing time, **we are killing our
own chances of success.****



Time is the coin of your life. It is
the only coin you have, and only
you can determine how it will
be spent. **Be careful lest you let
other people spend it for you.**

- Carl Sandburg

**Thank You Very Much
Sompong Yusoontorn**