

101 Ways-A new revolution How your life change by using these

- 1) Discover Your Calling
- 2) Every Day, Be Kind to a Stranger
- 3) Maintain Your Perspective
- 4) Practice Tough Love
- 5) Keep a journal
- 6) Develop an Honesty Philosophy
- 7) Honor Your Past
- 8) Start Your Day Well
- 9) Learn to Say No Gracefully
- 10) Take a Weekly Sabbatical
- 11) Talk to Yourself
- 12) Schedule Worry Breaks
- 13) Model a Child
- 14) Remember, Genius Is 99 Percent Inspiration
- 15) Care for the Temple
- 16) Learn to Be Silent
- 17) Think About Your Ideal Neighborhood
- 18) Get Up Early
- 19) See Your Troubles as Blessings
- 20) Laugh More
- 21) Spend a Day Without Your Watch
- 22) Take More Risks
- 23) Live a Life
- 24) Learn from a Good movie
- 25) Bless Your Money
- 26) Focus on the Worthy
- 27) Write Thank-You Notes
- 28) Always Carry a Book with You
- 29) Create a Love Account
- 30) Get Behind People's Eyeballs
- 31) List Your Problems
- 32) Practice the Action Habit
- 33) See Your Children as Gifts
- 34) Enjoy the Path, Not Just the Reward
- 35) Remember That Awareness Precedes Change
- 36) Read Tuesdays With Morrie
- 37) Master Your Time
- 38) Keep Your Cool
- 39) Recruit a Board of Directors

- 40) Cure Your Monkey Mind
- 41) Get Good at Asking
- 42) Look for the Higher Meaning of Your work
- 43) Build a Library of Heroic Books
- 44) Develop Your Talents
- 45) Connect with Nature
- 46) Use Your Commute Time
- 47) Go on a News Fast
- 48) Get Serious About Setting Goals
- 49) Remember the Rule of 21
- 50) Practice Forgiveness
- 51) Drink Fresh Fruit Juice
- 52) Create a Pure Environment
- 53) Walk in the Woods
- 54) Get a Coach
- 55) Take a Mini-Vacation
- 56) Become a Volunteer
- 57) Find Your Six Degrees of Separation
- 58) Listen to Music Daily
- 59) Write a Legacy Statement
- 60) Find Three Great Friends
- 61) Read The Artists Way
- 62) Learn to Meditate
- 63) Have a Living Funeral
- 64) Stop Complaining and Start Living
- 65) Increase Your Value
- 66) Be a Better Parent
- 67) Be Unorthodox
- 68) Carry a Goal Card
- 69) Be More than Your Moods
- 70) Savor the Simple Stuff
- 71) Stop Condemning
- 72) See Your Day as Your Life
- 73) Create a MasterMind Alliance
- 74) Create a Daily Code of Conduct
- 75) Imagine a Richer Reality
- 76) Become the CEO of Your Life
- 77) Be Humble
- 78) Don't Finish Every Book You Start
- 79) Don't Be So Hard on Yourself
- 80) Make a Vow of Silence
- 81) Don ' t Pick Up the Phone Every Time It Rings

- 82) Remember That Recreation Must Involve Re-Creation
- 83) Choose Worthy Opponents
- 84) Sleep Less
- 85) Have a Family Mealtime
- 86) Become an Imposter
- 87) Take a Public Speaking Course
- 88) Stop Thinking Tiny Thoughts
- 89) Don't Worry About Things You Can't Change
- 90) Learn How to Walk
- 91) Rewrite Your Life Story
- 92) Plant a Tree
- 93) Find Your Place of Peace
- 94) Take More Pictures
- 95) Be an Adventurer
- 96) Decompress Before You Go Home
- 97) Respect Your Instincts
- 98) Collect Quotes That Inspire You
- 99) Love Your Work
- 100) Selflessly Serve
- 101) Live Fully so You Can Die Happy