

A woman with short, wavy brown hair is sitting in a field of tall green grass. She is wearing a black tank top and dark pants. She is looking up towards a clear blue sky. The image is used as a background for the text.

14

Tips

Make A Better Life!!!

Changes in our life, as little as they might be, can make a change in our outlook, and also helps remove the boredom of living the same life, and in the same way years after years. Change little things, and notice how your life becomes better, and you become happier. Here are 14 tips to make a better life :



Tip # 1 : Focus on what you do have, not on what you don't

Gratitude is one of the greatest attractors of abundance, love, peace, success, health, connection and more. The more we focus on what we already have, the wonderful aspects of our lives and what we appreciate, the more we end up having to be grateful for. Focusing on gratitude is something that we can do all the time, not just on special occasions or during the holiday season.



Tip # 2 : Appreciate the peace and quiet of today, because someday soon, you won't

Think about where you can find silence. Your silence and where you find it is very personal. Remember that it takes a moment of silence to “hear” it and to be able to hear your thoughts or hear what your soul says. Thinking of all that which you appreciate will bring you into alignment with peace and quiet. Before you know it you will be asleep with a smile on your face.



Tip # 3 : Realize that life's struggles create wisdom, there's a reason why everyone has their own cross to bear

Sometimes struggles are exactly what we need in our life. If we were to go through our life without any obstacles, we would be crippled. We would not be as strong as what we could have been. Give every opportunity a chance, leave no room for regrets, and don't forget the power in the struggle.



Tip # 4 : You must experience some hardship to progress, only the weak live without a care

Pain and hardships are inevitable. No one can escape them. If you want to learn to deal with pain and hardship you need to realize that you have an amazing opportunity to grow as a person. You can prove to yourself that you are strong. You can show yourself that you have strength of character and will-power.



Tip # 5 : Strive towards your ultimate person, live each and every day to it's fullest

Stare life in the eyes as you experience it like a roller coaster ride. The meaning of your life is something you create day after day with your own actions and thoughts. Life is made up of choices and decision making is critical as each choice has both consequences and benefits; please weigh the later and always choose life. Live each day to the fullest.



Tip # 6 : Embrace everything that is good in this world, and distance yourself from the cruelest

When we accept the fact that nothing lasts forever, we are better equipped for the journey. So the best way to end the struggle is to embrace the impermanence in life. Enjoy the good times while you can and remember that the not so good times are just temporary. The light will appear at the end of the tunnel...it is bound to happen, you just need patience.



Tip # 7 : Take the time to get to know yourself, establish your strengths, weaknesses, aspirations, and goals

You need to put into practice the ideas you have been learning to make them work for you. As you make new choices you will learn what works for you and what does not. It is now necessary to take risks to move forward to achieve your goals in life. Remember the future is not written yet, and that you are the one creating your own life.



Tip # 8 : Understand that you do have a special place in this life, keep an open heart and mind while waiting for your call

There is a special place in life, that needs your humble skill. A certain job you're meant to do, which no one else can fulfill. A goal you must attain, a dream that you must follow, because you won't be back again. There's always a tomorrow and the best is yet to be, for somewhere in this world, you know there is a place for you to leave a mark for those who follow after you.



Tip # 9 : Stop, look, and listen to the beauty of your existence, learn to relax from time to time

You don't have to do anything to make your life beautiful or enjoyable. It has already been beautiful and enjoyable. All you have to do is open your eyes. Once you recognize this, it's much more powerful for you to see yourself as an artist, rather than a non-creative person. So the question is: What story will you create today?



Tip # 10 : Remember that you will only be this age once, and no matter what age it is, you can choose to be in your prime

What is the distance between someone who achieves their goals consistently and those who spend their lives and careers merely following? The extra mile!!! If you're doing your best, you won't have any time to worry about failure. Doing the best at this moment puts you in the best place for the next moment.



Tip # 11 : Commit to loving it all, take the bad along with the good

There are ups and downs, two sides to every coin, and your attitude is reflective of your perspective. Remember, there's no perfect job that lacks bad aspects. There will always be something imperfect about your career. Just make sure that the good aspects are worth putting up with the bad ones.



Tip # 12 : Take special care of the relationships you were blessed with, concentrate on being the child, parent, friend that you should

Once you are in a relationship, you should take full responsibility of it. You have to nurture it and take care of it. You have to make it blossom. You have to do everything you can to keep it happy and to make it last. The more centered, balanced, and happy you are, the more you increase the odds that you'll be able to create a happy, healthy relationship.



Tip # 13 : Believe that you can be truly happy, no matter what setbacks may arise

You have everything you need to be happy already. Just decide to be happy, that is, be happy, and then everything you need to be happy will flow to you. That's how creative living works. To have and live what you want, BE what you want, and what you want will come to you.



Tip # 14 : Get back on you feet, and keep climbing to the top, because damn it, you're ALIVE!

Everyone want to make their own successful life. Everyone have their own time to make a decision. Life will be much obvious and better when we have found the decision. KEEP DOING IT AND STOP COMPLAINING, encourage yourself, you are not alone and not the only one with big problems, everyone has their own problems.



I have given you 14 tips to produce more & better in life. If you apply consistently, it will guarantee you success in any endeavor. Don't just take my word for it, though. Prove it yourself by actually applying it to your life situation. Take action and make the right choice for your better life! I believe that you will be successful indeed!



"Life can only be understood backwards, but it must be lived forwards." - Soren Kierkegaard



**Thank You Very Much
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