

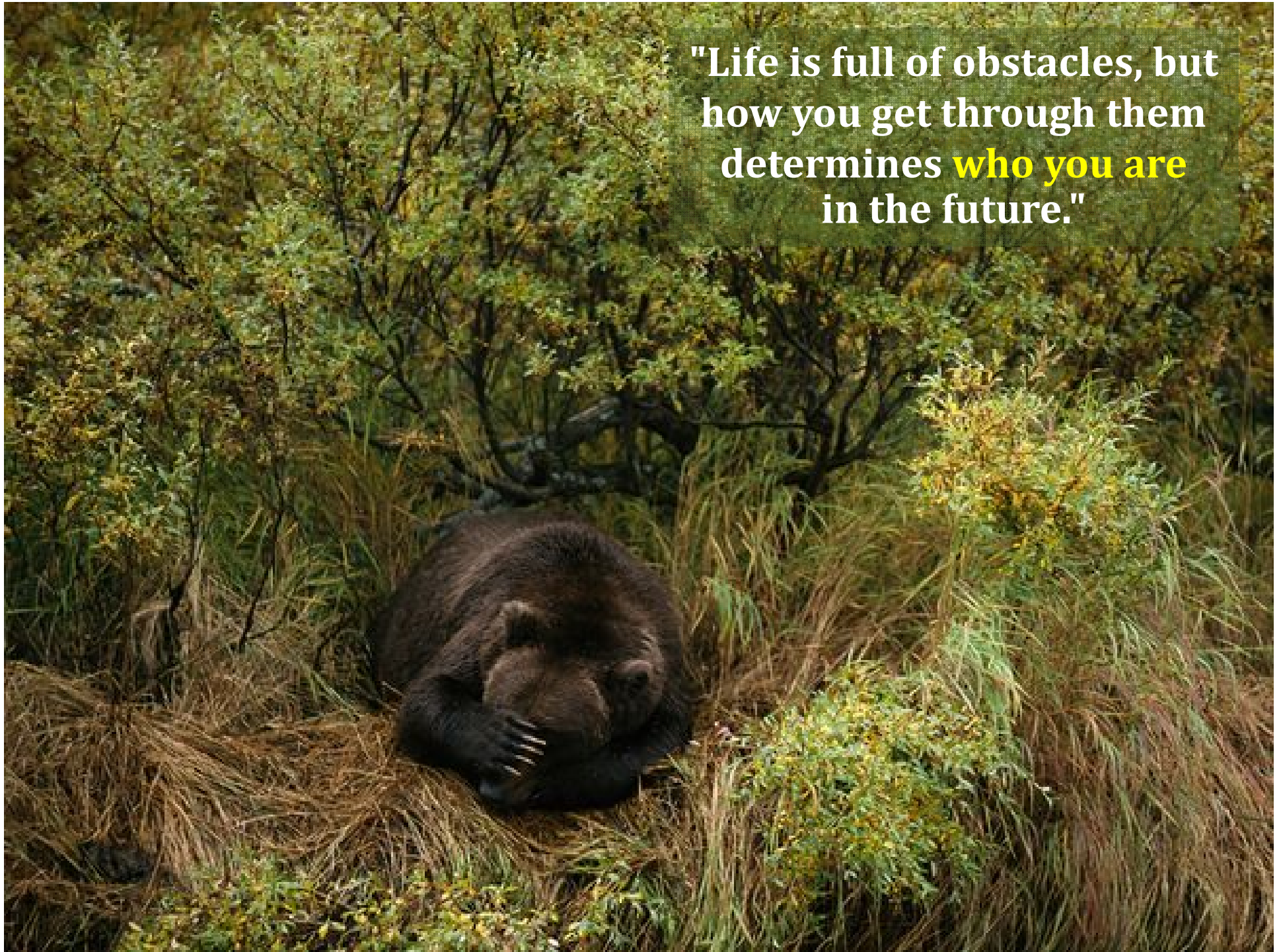


Overcome Your Life's **Obstacles**



Life presents us with a wide array of opportunities. Life provides a great deal of enjoyment and happiness. Life teaches a variety of lessons and life brings its own **set of challenges.**

"Life is full of obstacles, but
how you get through them
determines **who you are**
in the future."



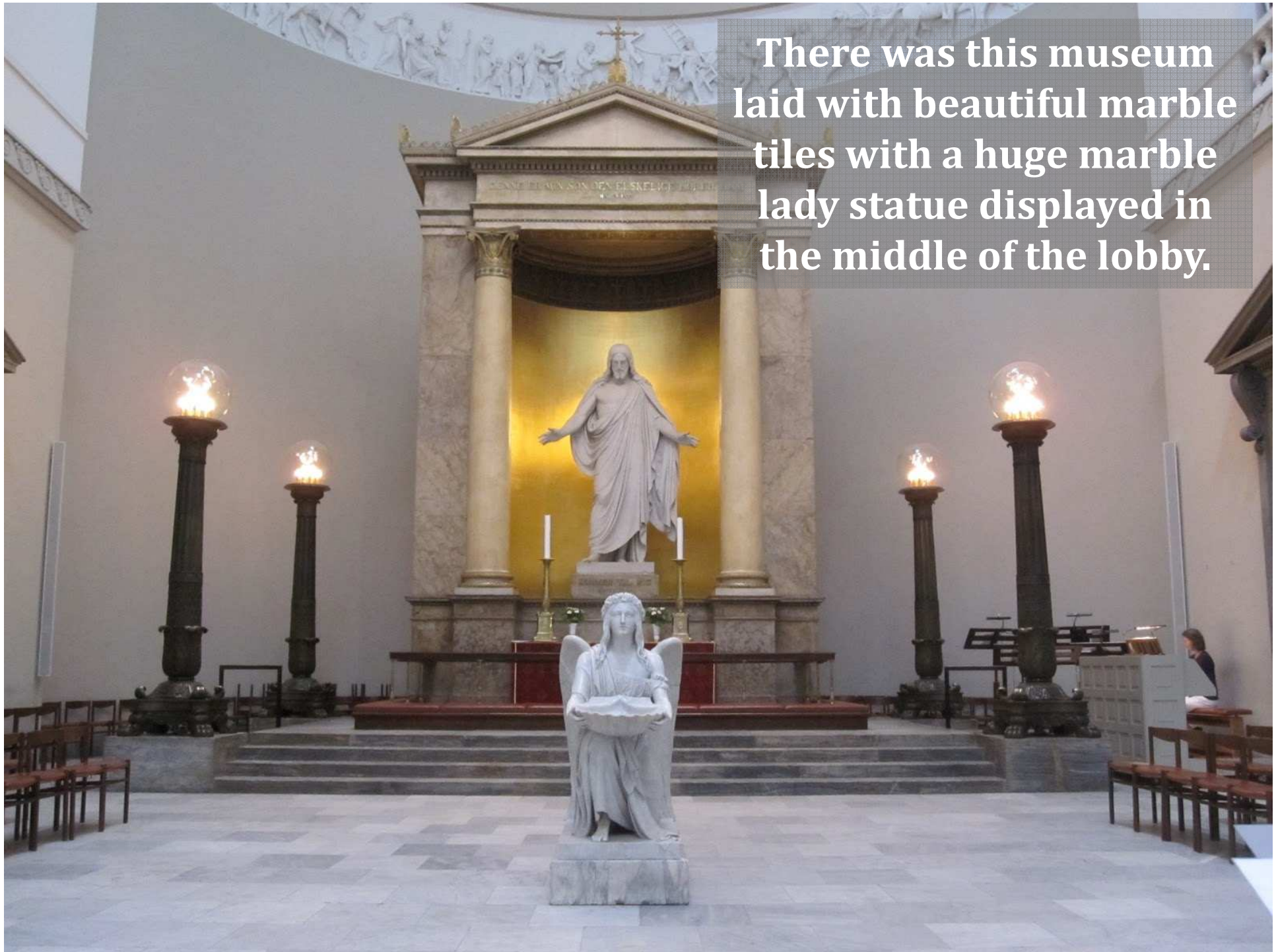
A close-up, high-contrast photograph of a person's face. The person has light blue eyes and blonde, slightly messy hair. The lighting is warm and dramatic, highlighting the texture of the skin and the intensity of the gaze. The background is dark and out of focus.

Many things stop or delay you
on your journey through life.
Yet behind every hurdle **has**
a reason for its existence.



Sometimes high walls **keep you out of dangerous places.** Sometimes they are **just opportunities to learn** what a ladder is for. Here is marble story that you must know :

There was this museum
laid with beautiful marble
tiles with a huge marble
lady statue displayed in
the middle of the lobby.





**Many people came from
all over the world just to
admire this beautiful
marble lady statue.**

One night, the marble tiles started talking to the Marble lady.



Marble tile: Marble lady, it's just not fair, it's just not fair! Why does everybody from all over the world come all the way here **just to step on me while admiring you?** Not fair!

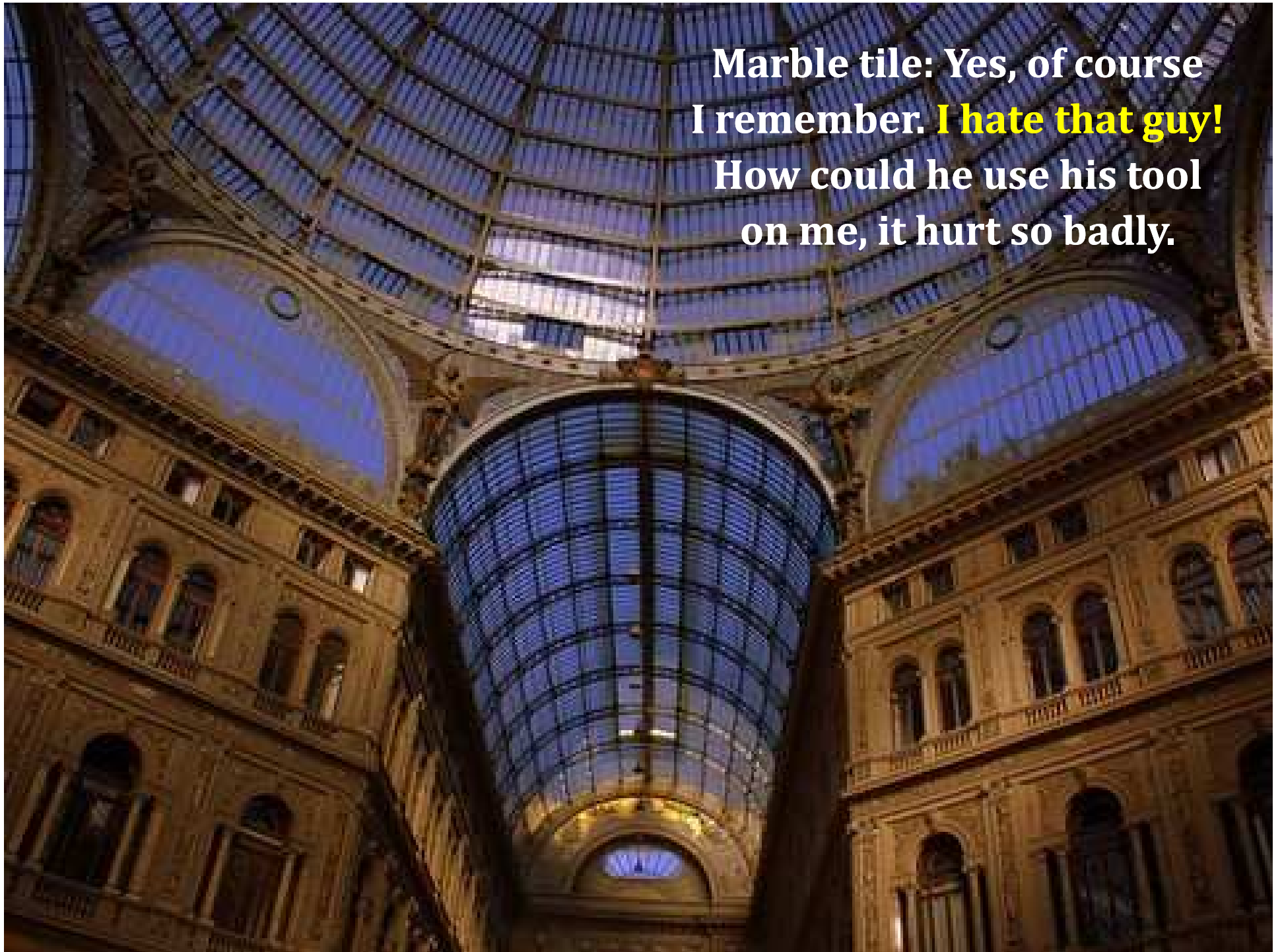
**Marble lady: My dear friend, marble tile, do you still remember
that we were actually from **the same cave**?**

**Marble tile: Yeah! That's
why I feel it is even more
unfair. We were born
from the same cave and
yet **we receive different
treatment now**. Not fair!**





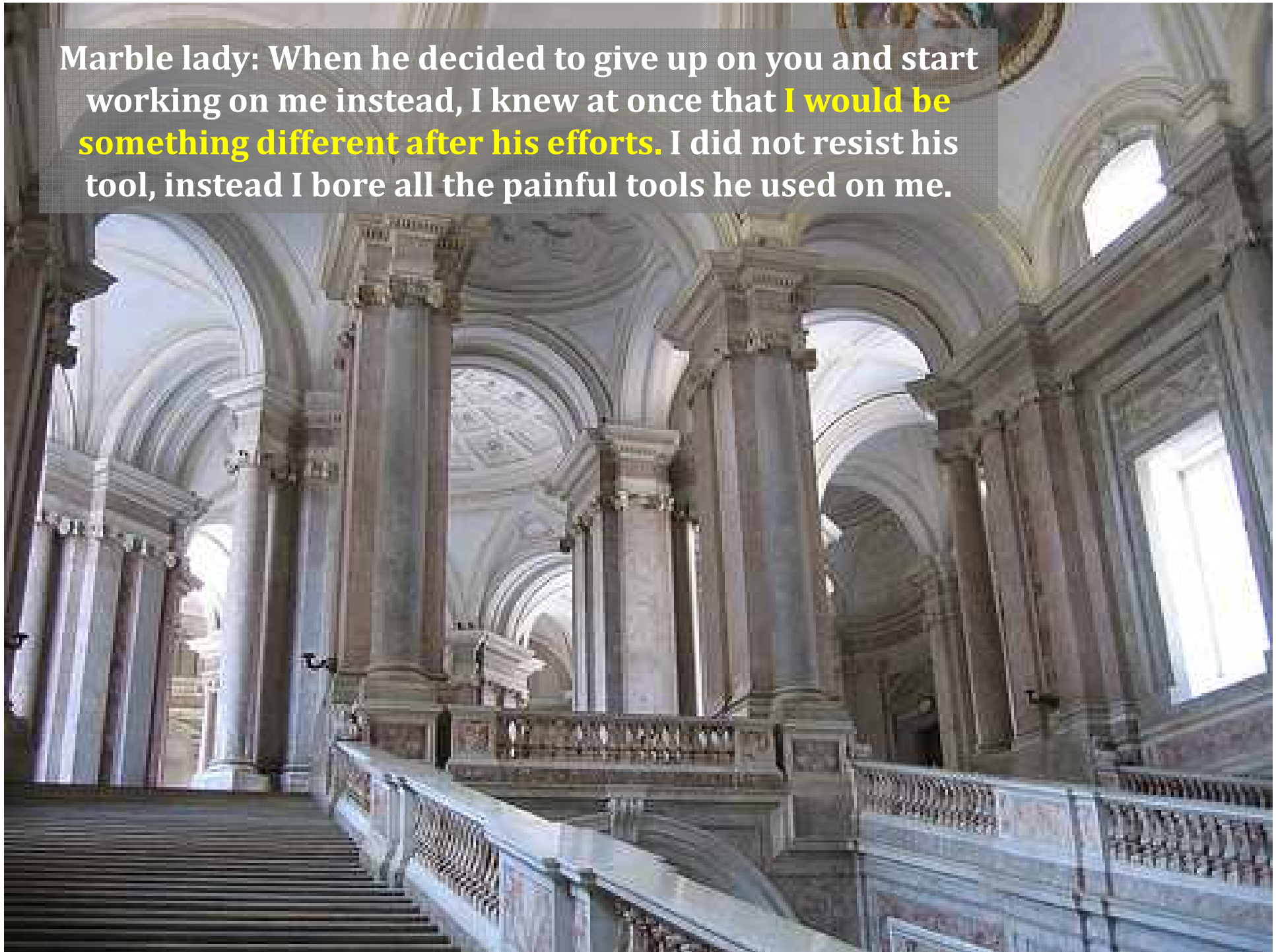
Marble tile: Yes, of course
I remember. **I hate that guy!**
How could he use his tool
on me, it hurt so badly.

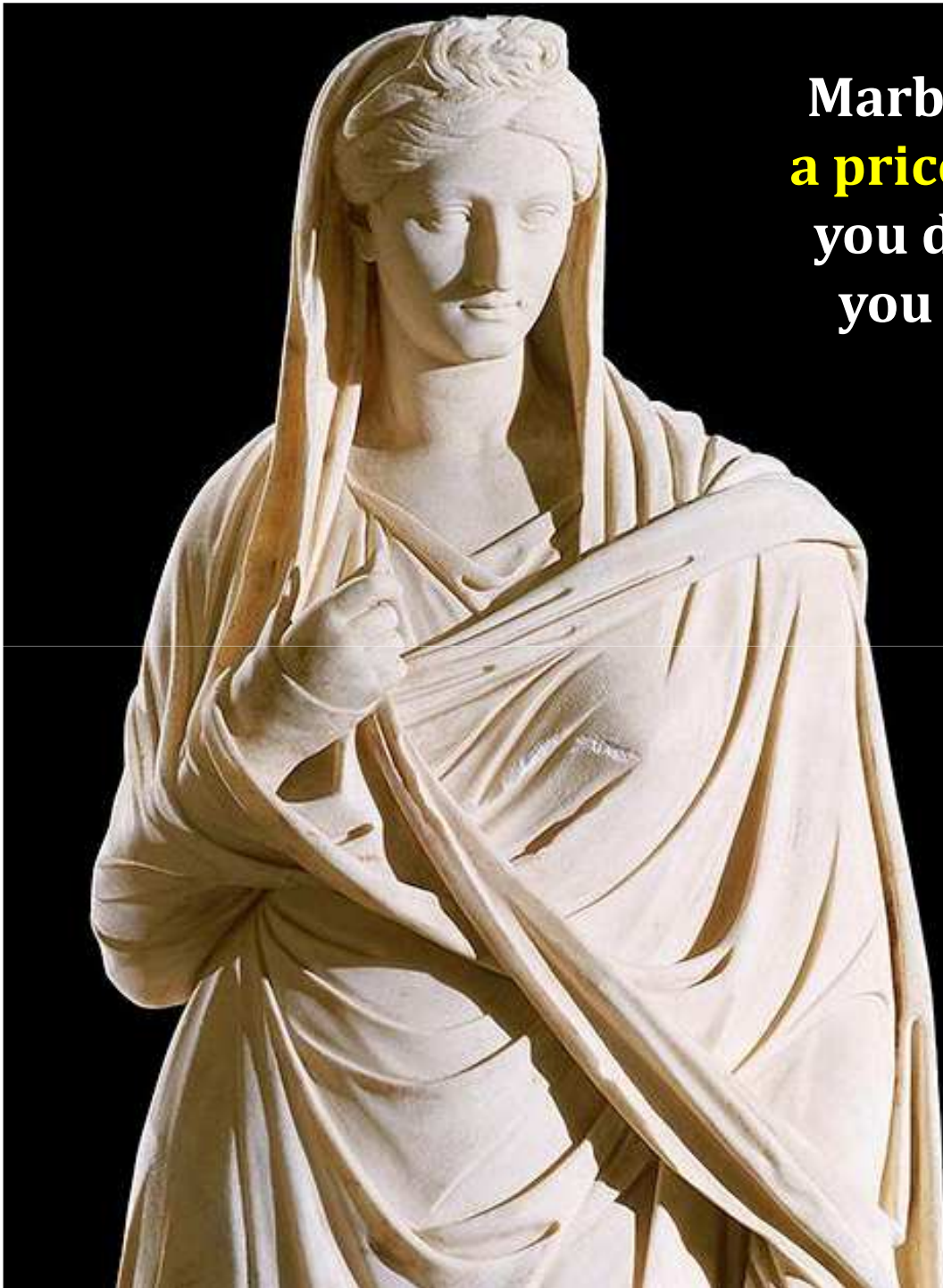


**Marble lady: That's right! He
couldn't work on you at all as
you resisted being worked on.**



Marble lady: When he decided to give up on you and start working on me instead, I knew at once that **I would be something different after his efforts.** I did not resist his tool, instead I bore all the painful tools he used on me.





Marble Lady: My friend, **there is a price to everything in life.** Since you decided to give up half way, you can't blame anybody who steps on you now.

Moral Lesson # 1 : The more hard knocks you go through in life, the more you'll learn and put them to use in the future.

Obstacles, by their very nature, challenge you to grow, change and adapt. Whether they arise from your personal past or are part of the life path you have chosen, obstacles are good for getting you out of old habits, teaching you about the way the world works, and making you grow stronger and more flexible.



Moral Lesson # 2 : Do not be discouraged by setbacks, challenge and failure.

We all hope our life will be a "cake walk", but your obstacles make you work for what you want and keep you fit and healthy in the process. Life can be either a merry-go-round or a roller coaster -- you can either keep going around in circles or take a ride with lots of ups and downs.



Moral Lesson # 3 : No pain.....no gain

The secret of how to overcome your obstacles is learning how to turn them to your advantage. To turn obstacles to your advantage, you need to see the reason behind the obstacle as well as the opportunity it brings you. That opportunity can be to learn something new, develop a latent skill, or find a better way.



Moral Lesson # 4 : Past is past, you can't change it, but it is actually a blessing in disguise.

The old saying is "be careful what you wish for". Obstacles can be a blessing in disguise by acting as a natural form of resistance to keep your life in balance. Without it, you might hurtle at light speed into the things you want. By having to slow down to get around the road blocks and speed bumps of life, you have time to make sure you wholeheartedly want to arrive where you are headed.



Moral Lesson # 5 : Past was good, present is better and the future will always be the best.

Everything is meant to happen, no matter how bad or sad. You can't change your past, but you can make a different future. Sometimes, obstacles make you change course or rethink your approach to a person, issue, or next step. They can often work as guides pointing you, if you are willing to listen, in the direction of a better path.



A person with blonde hair, wearing a red long-sleeved shirt, light-colored pants, and yellow climbing gloves, is seen from behind as they climb a dark, jagged rock face. The climber is positioned in the center-left of the frame, reaching up with both hands. The rock face is composed of dark, layered rock with many sharp, pointed edges. In the background, there are more rock formations, some of which are lighter in color, possibly due to weathering or different rock types. The lighting suggests it might be late afternoon or early morning, with some shadows and highlights on the rock surfaces.

**Keep yourself focused
on your highest values,
your goals, and your
aspirations in life.**

**Thank You Very Much
Sompong Yusoonporn**