



Rich Without Money

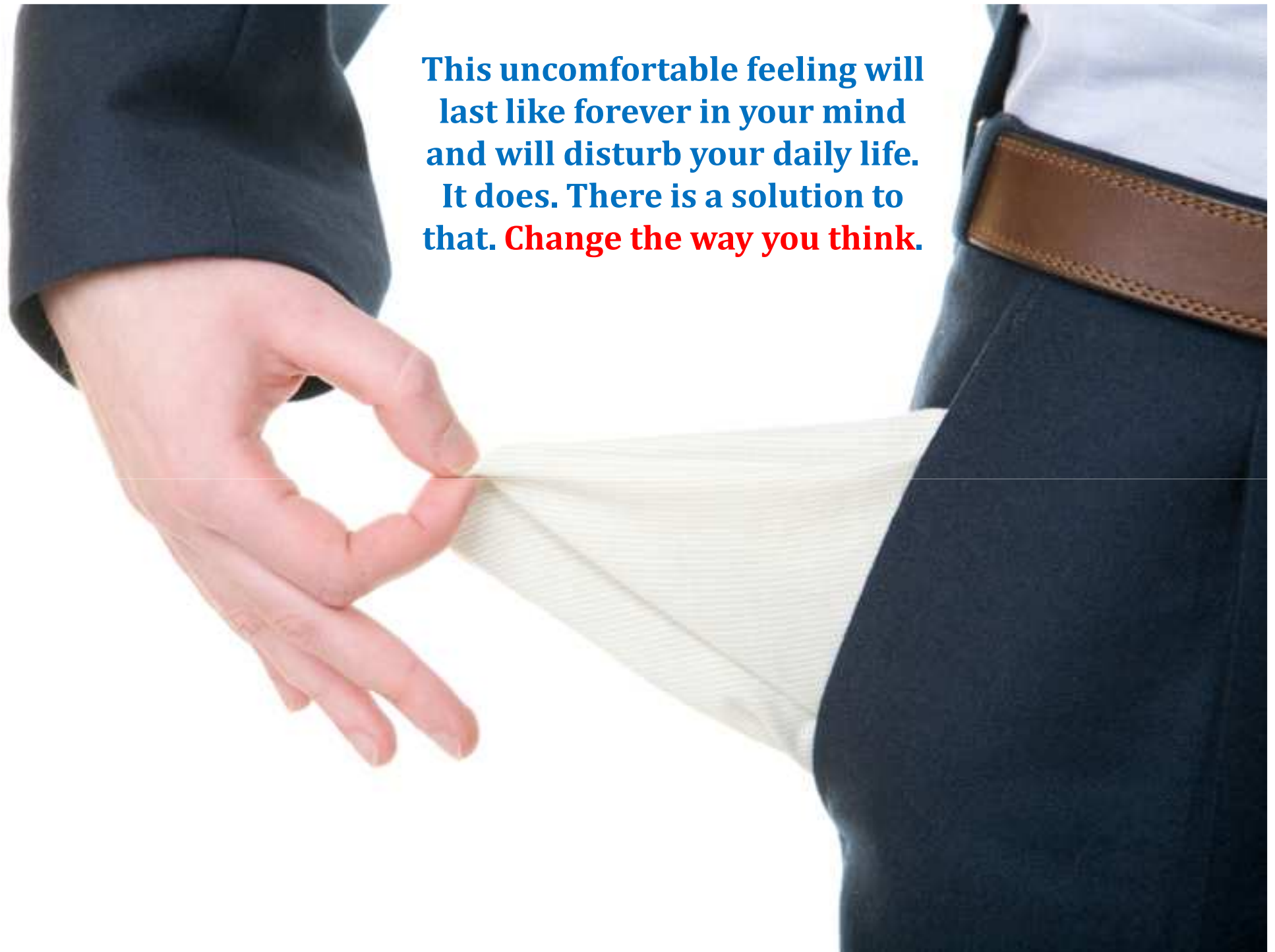
A man with dark hair, wearing a grey suit, white shirt, and dark tie, is sitting in a red leather chair. He is smiling and looking down at a large fan of US dollar bills he is holding in his hands. The background is a blurred office or home interior with large windows.

Money is the coolest and most
important thing to have in life.
First priority. We earn to live.
We **earn more to live happily.**

Someone said, "If money can't buy happiness for you then **you are not shopping at the right places.**" Money can solve our 80% problems right away. If you do not have enough money then it will make you uncomfortable.



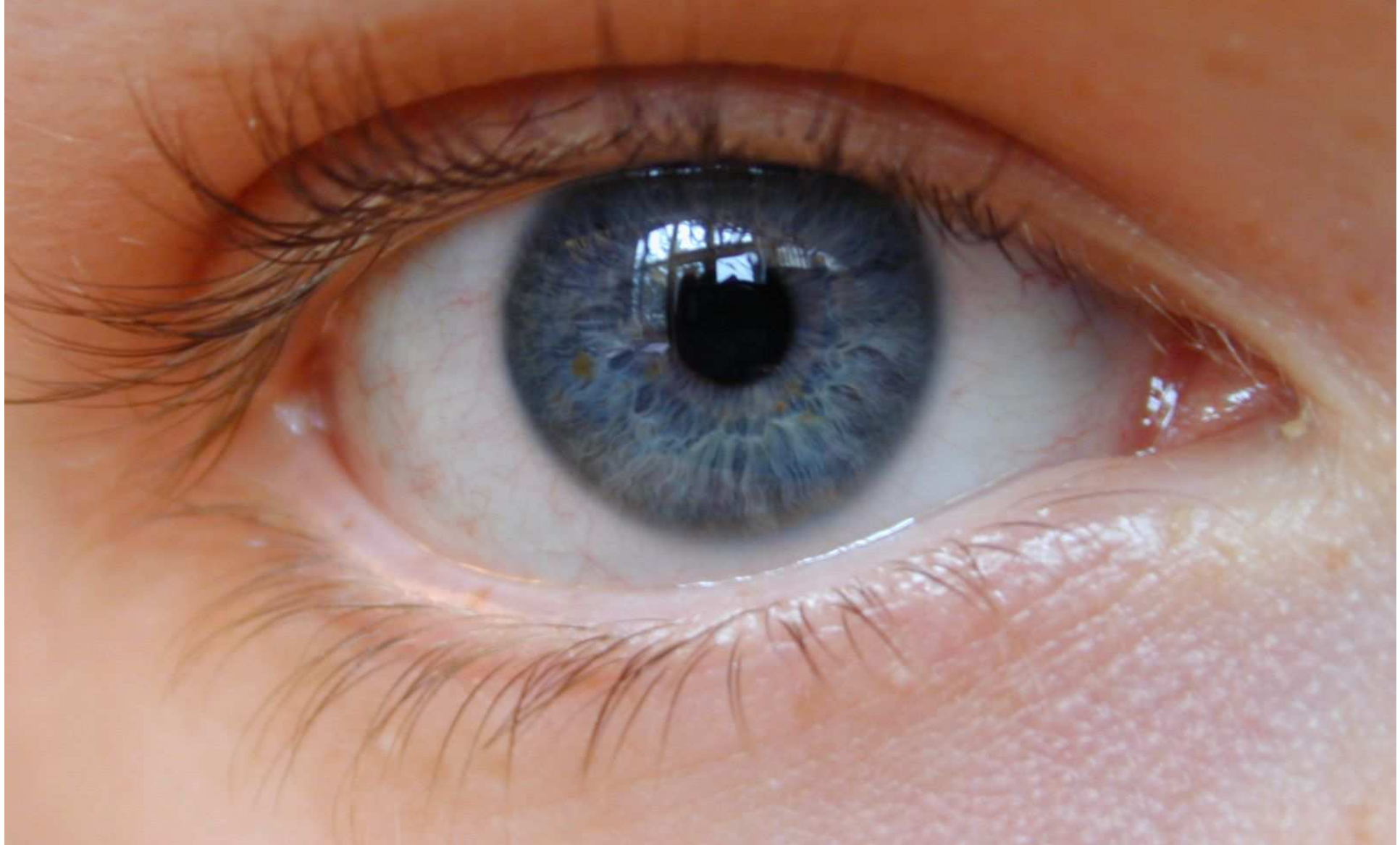
**This uncomfortable feeling will
last like forever in your mind
and will disturb your daily life.
It does. There is a solution to
that. **Change the way you think.****





Even if you do not have a penny, you are born like a multi-million dollar man. Everybody is rich. You are born rich. **Real wealth is not money.**

Can you trade your eyes for money? What if someone wants to give you everything in exchange for your eyes? \$100000, \$10000000, \$1000000000, \$1000000000000000 or even more. The amount of money that can buy your dreams. **Will you exchange your eyes for even that amount?**

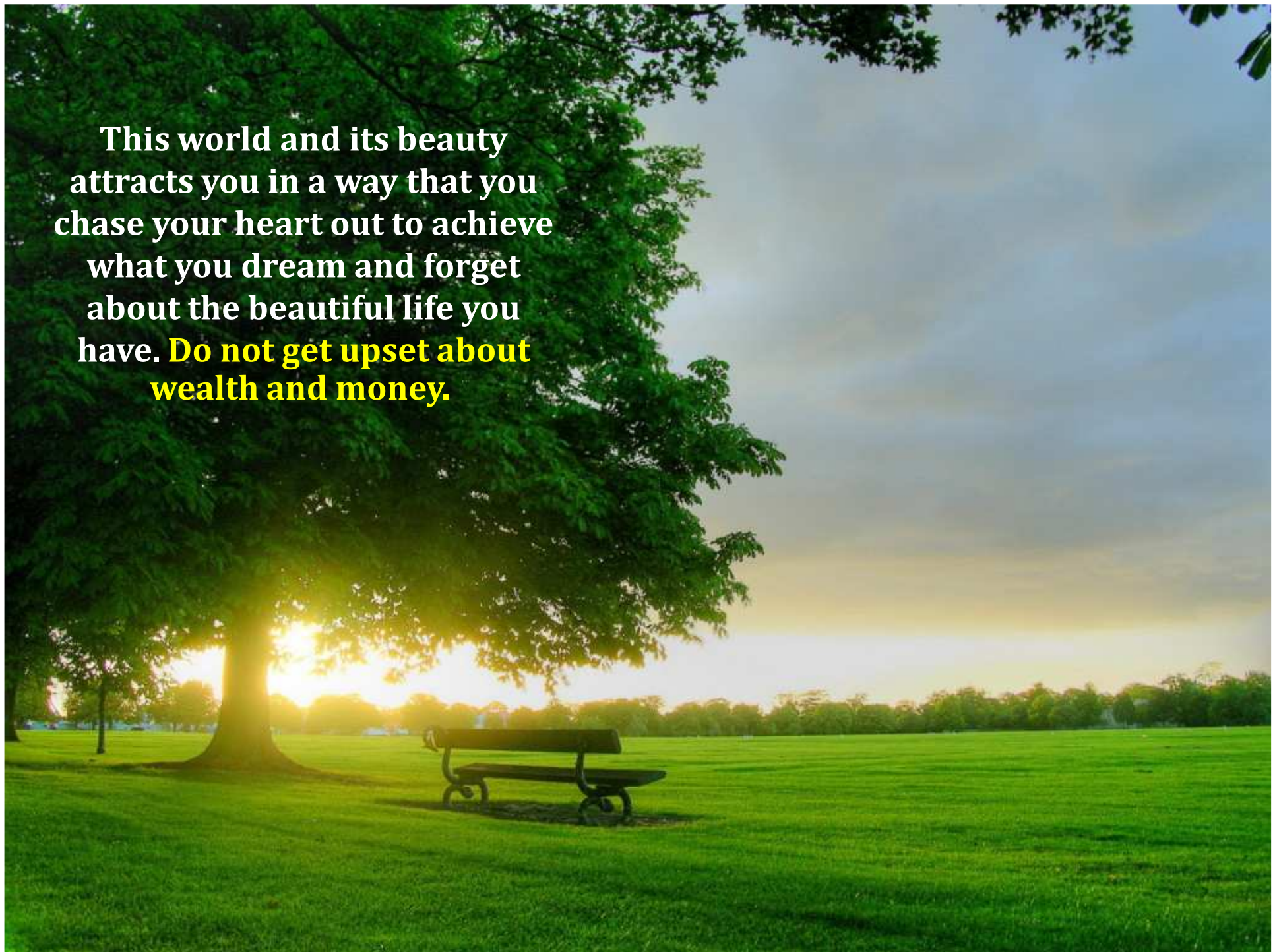


God gave you many valuable and priceless things totally free that you use without even realizing their worth. This proves three things:

- 1. Money and wealth is important but not so much important**
- 2. Being rich or being wealthy does not mean to have a lot of money**
- 3. You are already rich and blessed, even if you do not have enough money**



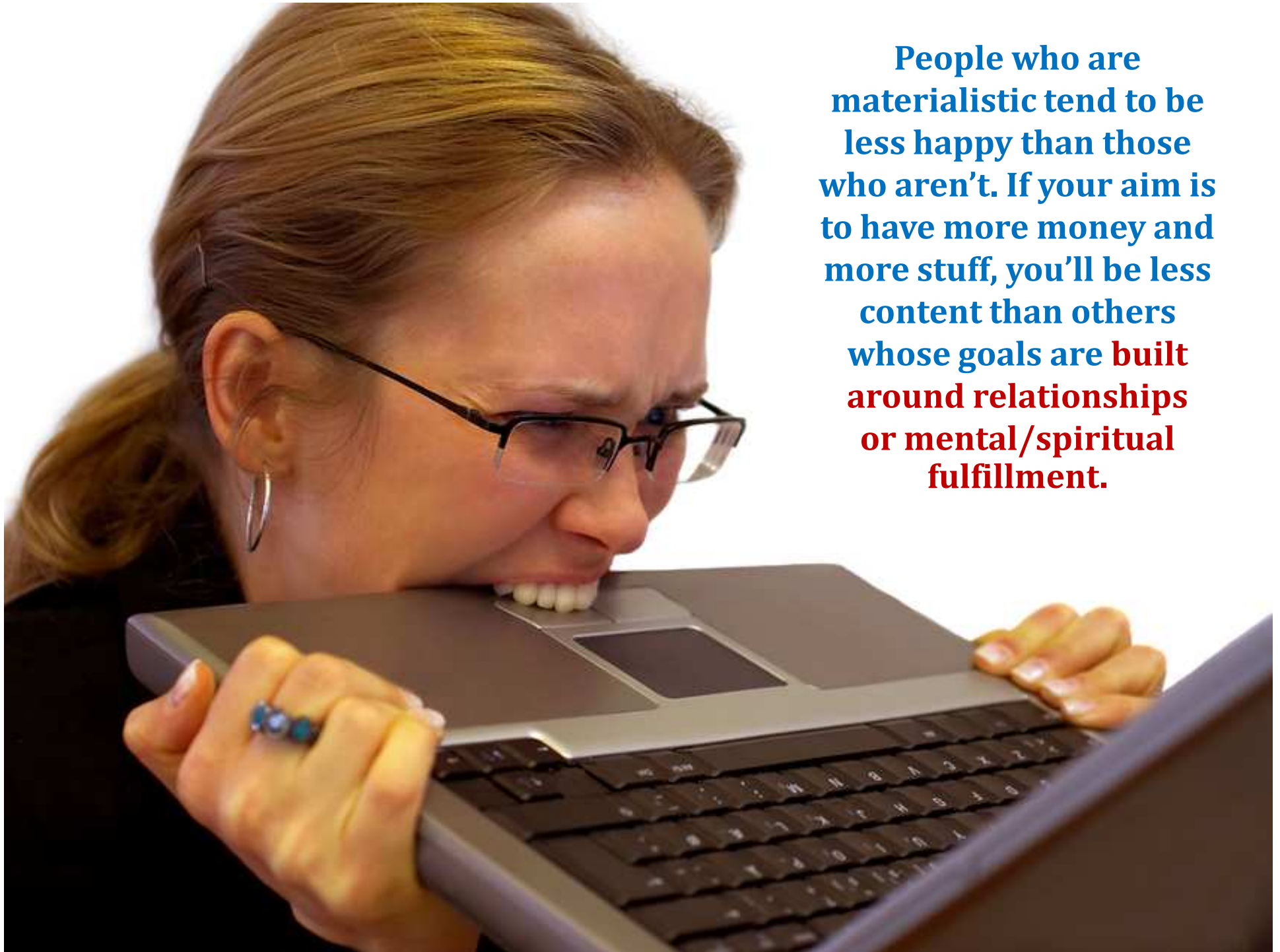
This world and its beauty
attracts you in a way that you
chase your heart out to achieve
what you dream and forget
about the beautiful life you
have. **Do not get upset about
wealth and money.**



Try to be rich and get abundance in your life but do not waste all of your energies in chasing wealth. You will loose much in chasing wealth. You are already wealthy and rich. **Being wealthy and rich is nothing to do with the money.**



People who are materialistic tend to be less happy than those who aren't. If your aim is to have more money and more stuff, you'll be less content than others whose goals are **built around relationships or mental/spiritual fulfillment.**



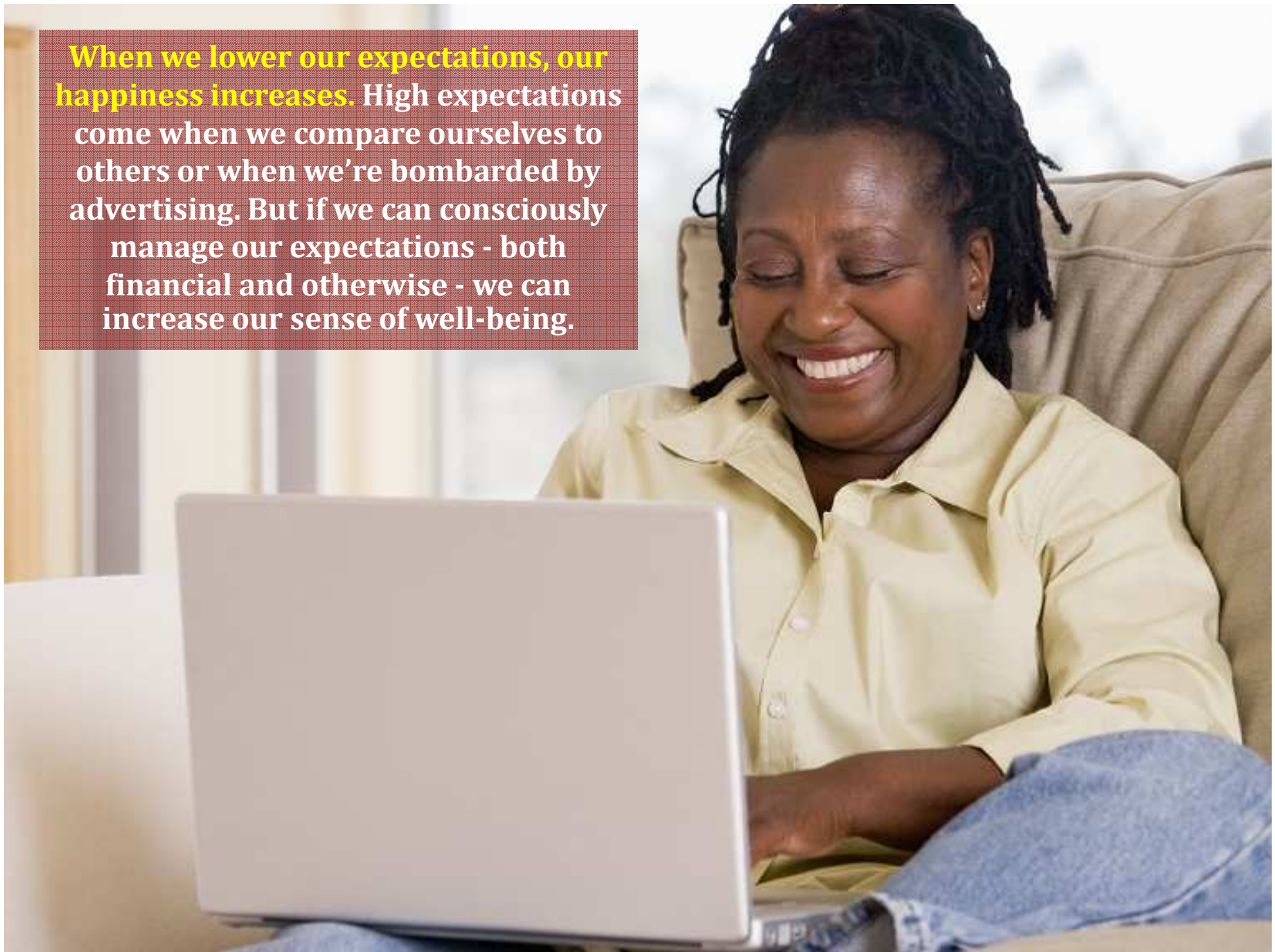
Over-saving does not lead to happiness. Over-saving can actually have **a negative impact on your quality of life**. If you're meeting your goals for saving, it's okay to spend some on the things that make you happy.



When we spend on experiences, our perceptions are magnified (meaning we feel happier or sadder than when we spend on stuff), and the feelings tend to linger longer. And since most of our experiences are positive, **spending on activities instead of things generally makes us happier.**



When we lower our expectations, our happiness increases. High expectations come when we compare ourselves to others or when we're bombarded by advertising. But if we can consciously manage our expectations - both financial and otherwise - we can increase our sense of well-being.





Creating rituals around
the things **we love to do.**

Expressing **gratitude** for the
good things in our lives.



Setting **meaningful goals** that
reflect our values and interests.



Playing to **our strengths** instead
of dwelling on weaknesses.



Simplifying our lives - not
just the stuff, but the time.



True wealth isn't about money. True wealth is about relationships, about good health, and about continued self-improvement. True wealth is about happiness. Ultimately, it's more important to be happy than it is to be rich.



Happy people tend to have higher incomes later on in their lives. So, while money may not help make people happy, **being happy may help them make money.**



If you are healthy but don't have money, you are not poor, or poor millionaire. You are a millionaire without money. **A wealthy person without money.**



**Thank You Very Much
Sompong Yusoontorn**