



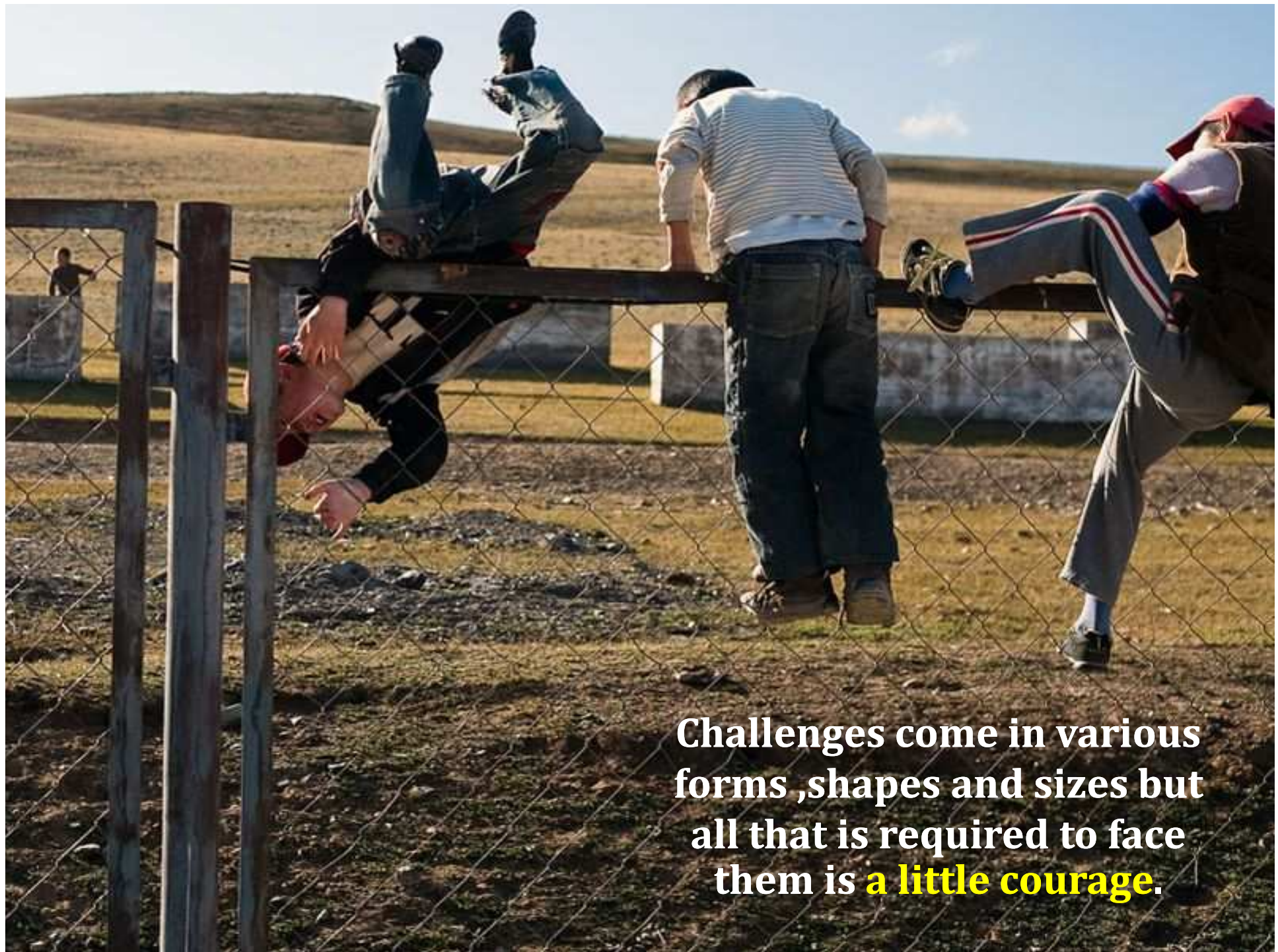
Crush The Obstacles!!!

In the face of difficulties we are stricken with fear, we panic and start praying. Instead of cursing and ranting all you need is **a little CHF (courage, hope and faith).**



Obstacles shouldn't frighten you, they shouldn't scare you. Remember you are infinitely greater than any obstacle or challenge. All that is needed is the acceptance of your greatness and **your rise to face the challenge.**

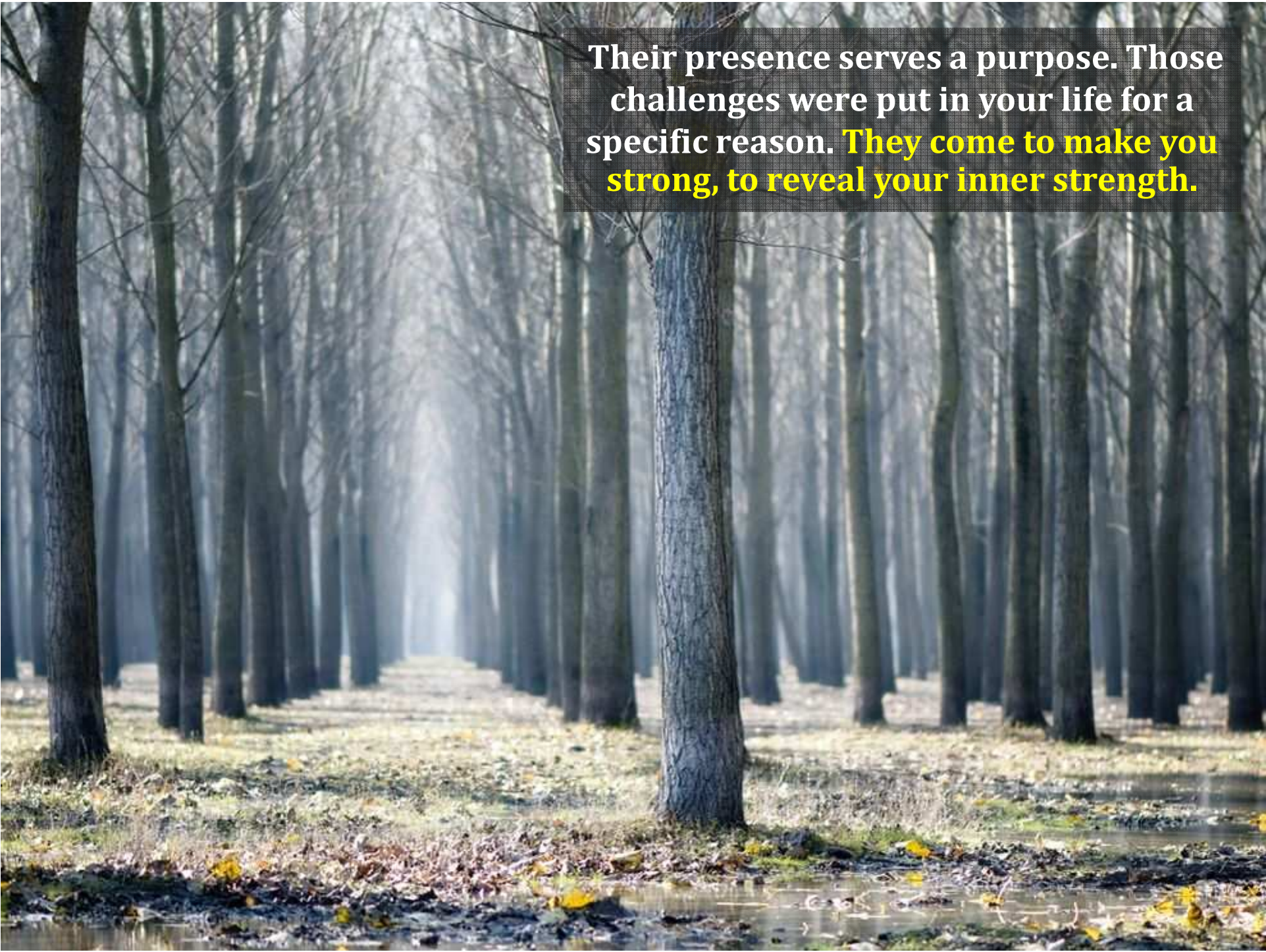




Challenges come in various forms ,shapes and sizes but all that is required to face them is **a little courage.**

Do not **let them crush** your
spirit and wrinkle your soul.
Do not **be disheartened** by
their presence in your life.



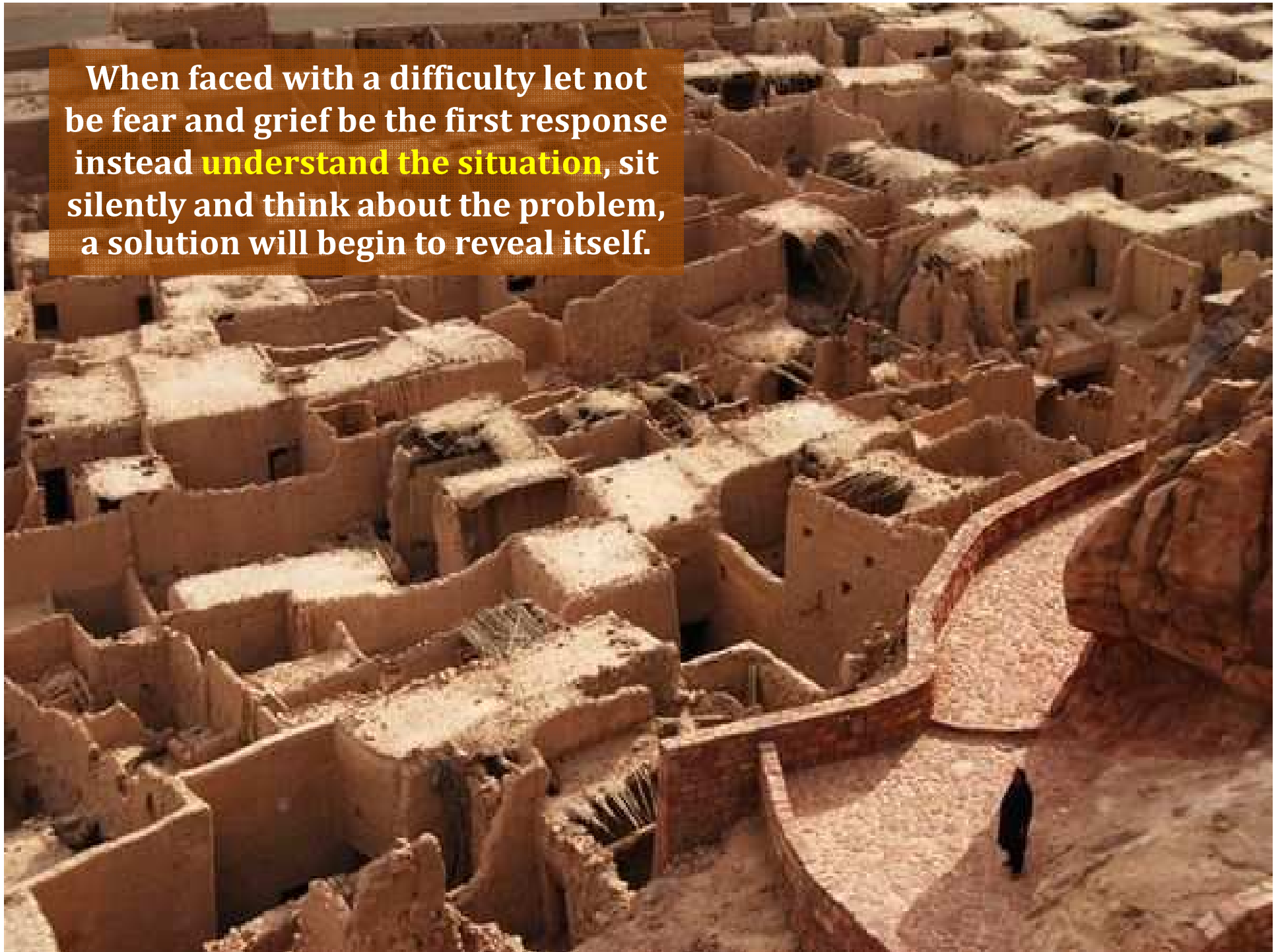
A photograph of a misty forest path. The path is covered in fallen leaves and is flanked by tall, thin trees. The mist is thick, creating a soft, ethereal atmosphere. The trees are mostly bare, suggesting autumn or winter. The path leads into the distance, disappearing into the mist. The overall mood is quiet and contemplative.

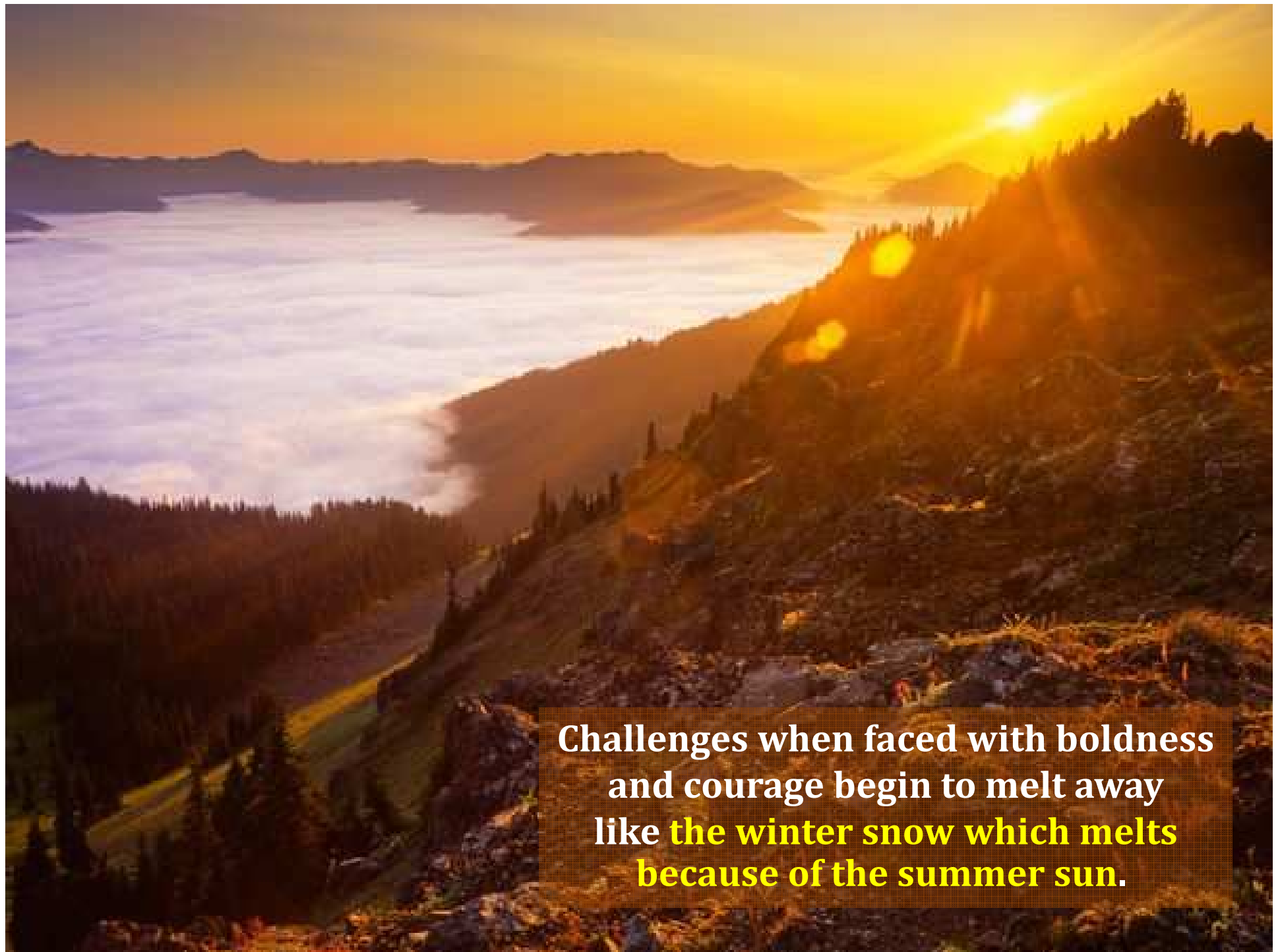
Their presence serves a purpose. Those challenges were put in your life for a specific reason. **They come to make you strong, to reveal your inner strength.**



They come to kindle
the fire within you and
propel you forward.

When faced with a difficulty let not be fear and grief be the first response instead **understand the situation**, sit silently and think about the problem, a solution will begin to reveal itself.

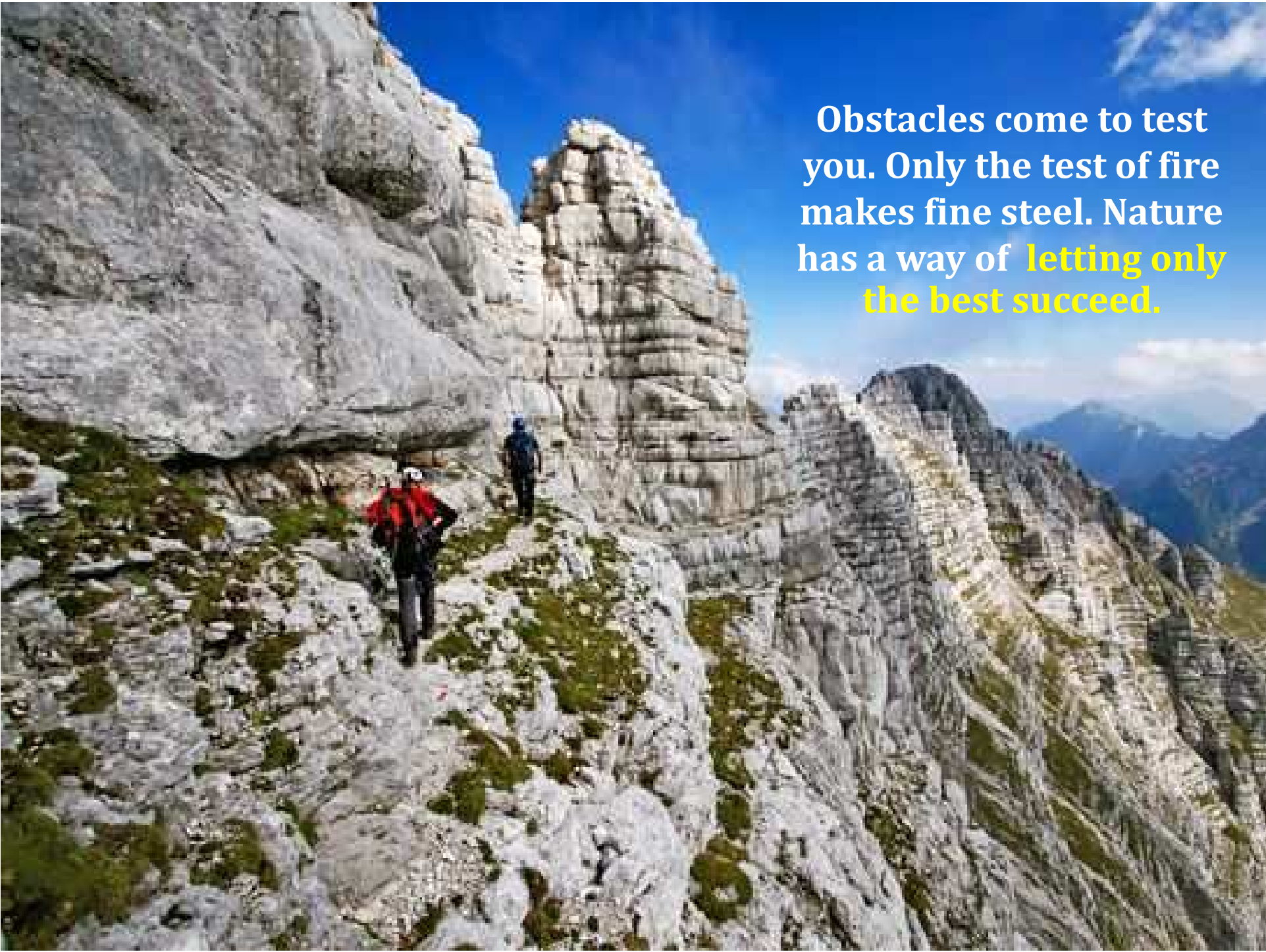




Challenges when faced with boldness
and courage begin to melt away
like **the winter snow which melts
because of the summer sun.**

Let not obstacles be impediments on your road to success, instead **make them stepping stones**, let each obstacle propel you forward and take you closer to your goal.





Obstacles come to test you. Only the test of fire makes fine steel. Nature has a way of **letting only the best succeed.**

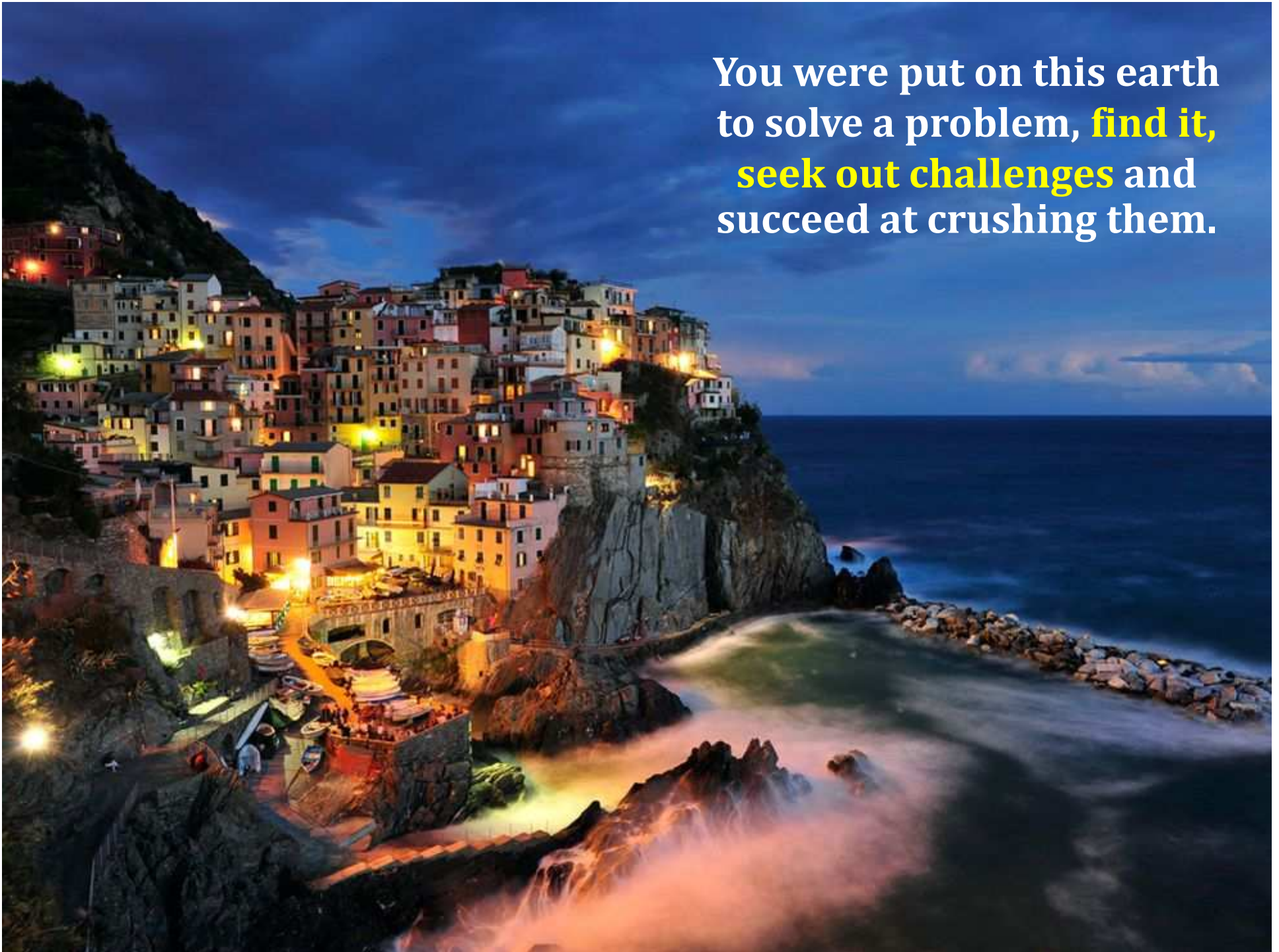
As the hammer of obstacles chips out bit by bit chipping away the outer layer, the true courageous man within is revealed. Such chipping and hammering makes you strong and ready to take on any challenge. **Once your mettle is tested enough**, only then you are allowed to succeed.

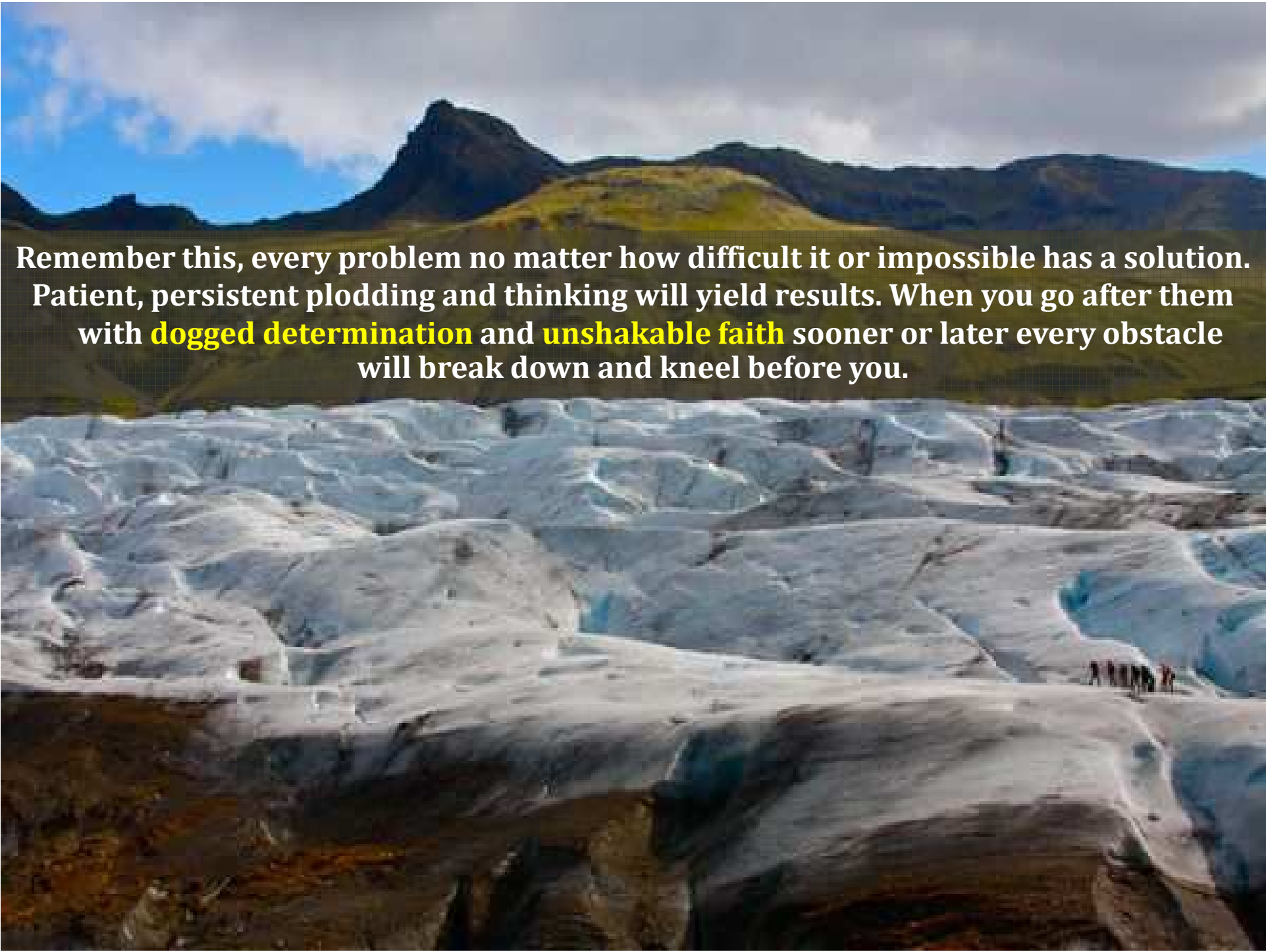


Pain, when endured only makes you stronger. Obstacles when overcome make you stronger, smarter and sharper. But to overcome new challenges require **quite a bit of thinking and the courage to take them up.**



You were put on this earth
to solve a problem, **find it,**
seek out challenges and
succeed at crushing them.



A landscape photograph featuring a vast, textured glacier in the foreground, with jagged mountain peaks in the background under a cloudy sky. A group of people is visible on the right side of the glacier, providing a sense of scale. The text is overlaid on the upper portion of the image.

Remember this, every problem no matter how difficult it or impossible has a solution. Patient, persistent plodding and thinking will yield results. When you go after them with **dogged determination and **unshakable faith** sooner or later every obstacle will break down and kneel before you.**

The road to the greatness is full of **difficulties** and **challenges**. The higher and loftier your goal the more obstacles you will have to face.





A man who has no goal, no ambition, no worthy end to strive for has little to worry about. Is it not better **to take up challenges, face them and emerge victorious rather than sit around afraid and scared?**



The joy and satisfaction that accomplishments of goals give is incomparable. A man who is ready to take on challenges and overcome them no matter what is infinitely better than someone who plays safe and avoids taking risks.

Let not the challenges of
life **frighten** you, cower
you into submission.



You are **stronger, mightier and smarter** than any obstacle you can ever face. All that is needed is awakening of your soul to this fact. So rise up today, go ahead and crush your obstacles!!!



Summary Of Thoughts



**Thank You Very Much
Sompong Yusoontorn**