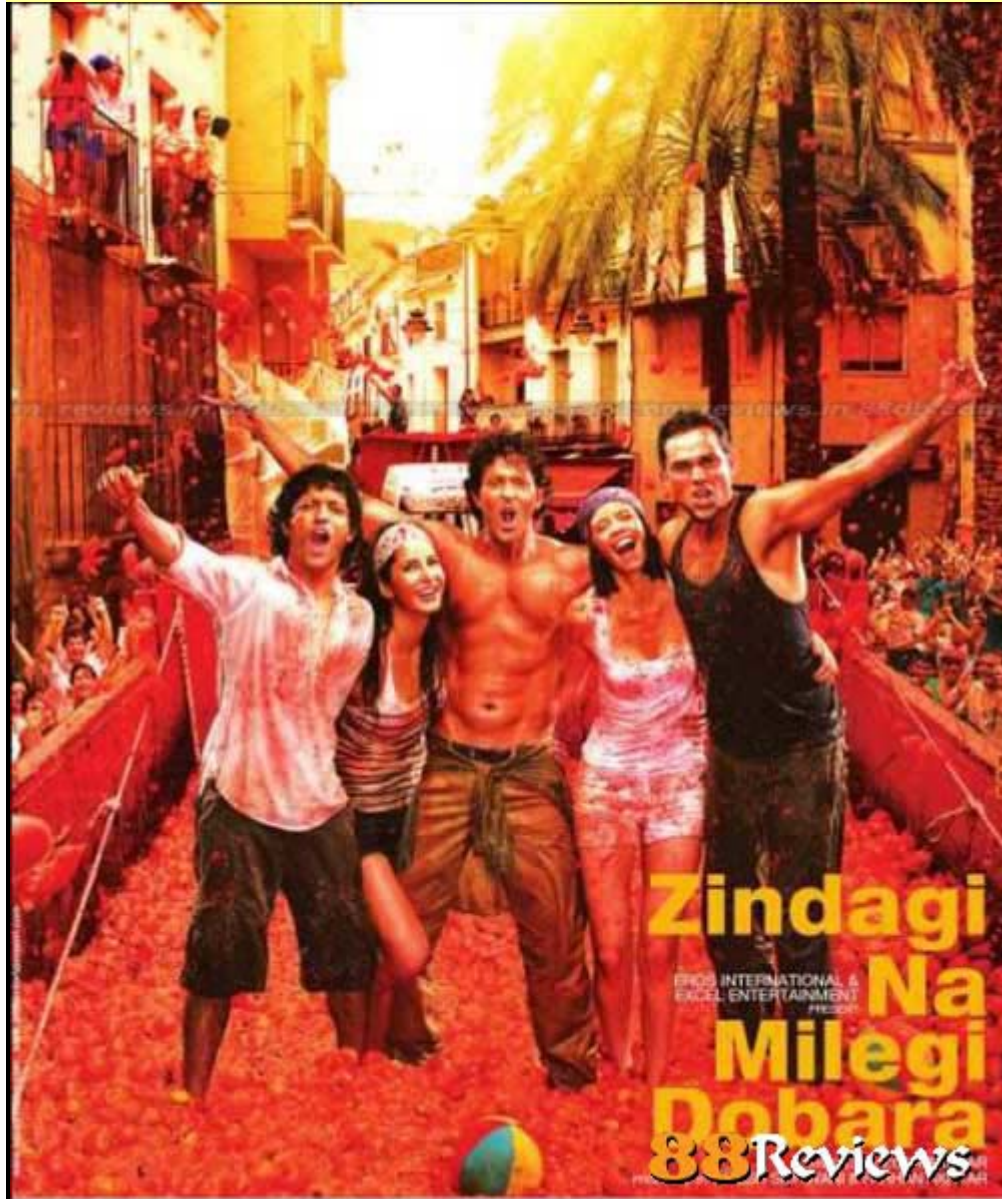


Great Life and Career lessons



While planning for future..present should not be sacrificed

Arjun-(Hrithik Roshan)
a financial trader
working in London
wants to make enough
money and retire at the
age of 40. His
childhood hardships
lead him to believe that
financial securities are
critical and utmost.

He is willing to
sacrifice his
relationships , pleasures
in his quest to earn
money and professional
success.



Money will not buy you happiness..family, friends will

An ambitious person believes that you need to be ruthless, willing to go to any end for professional success.

The Present is sacrificed for the future ...thinking that life can be kept in suspension and enjoyed later once the required success is achieved.

But life made up of small and big pleasures is living..throbbing and cannot be paused .



Money will not buy you happiness..family, friends will-2

Once the required professional success is achieved..most likely there is nobody with whom you can enjoy and share the success and the success does not feel the same being alone, isolated.

People whom you love or share life with have distanced and disengaged from you and do not have a similar emotional connect

What worse what if you do not survive till your proverbial 40 ? Or any other milestone you have set for yourself.



Let go of the past

Imran (Farhan Akhtar) is obsessed about the past and wants to meet his biological father.

Like Arjun he is spoiling his present by not letting go of the past.

He is living in constant trauma and fear despite a loving family. His ready wit and happy go lucky demeanour is a mask to hide his inner turmoil.



Time is a Great healer

Life is full of ups and down and sometimes a failure, rejection or a stray incident creates a scar in our memory and mind that we keep on thinking about .

Mind and life has got unlimited capacity to heal and move on.

History shows that greatest tragedies of life cannot pull down the human indomitable spirit if there is a will to let go and move on.



Do not become victim of the circumstance

Kabir(Abhay Deol) becomes a victim of circumstances when the ring bought for his mother was mistaken by his girlfriend as for her. Before he can realize.. the families get involved and he gets engaged.

He is caught in a dilemma and he realizes that he has made a mistake but cannot dare to face the truth fearing the emotional turmoil of the families.



Do not become victim of the circumstance

It happens to us in real life also where we give in to the emotional blackmail from children, parents , spouses, bosses, peers or subordinates etc, emotional blackmail us on various issues.

We feel frustrated and victimized but unable to do anything.

The point is to become self aware and realize that it is easier to confront and face the reality and perhanps die once or die a little each day of your life.



Face your fears

Arjun was scared of sea diving while Imran was scared of sky diving and Kabir about the bull racing .

They were very nervous about it but once they were able to conquer it with the help of the their friends , they felt therapeutic , free and light.



Face your fears

First step is self awareness of the fear, do not run away from it accept that you have the fear.

The second step is you should be determined to overcome the fear with the help and the support of friends and experts



Change is Inevitable

There is also a complete change in the characters Farhan Akhtar acknowledges the angst beneath his ready wit, and ultimately overcomes it.

Abhay Deol acknowledges a forced circumstantial choice and reverses it.

And Hrithik Roshan comes face-to-face with the -farcical chase his life has become, and turns over a new leaf.

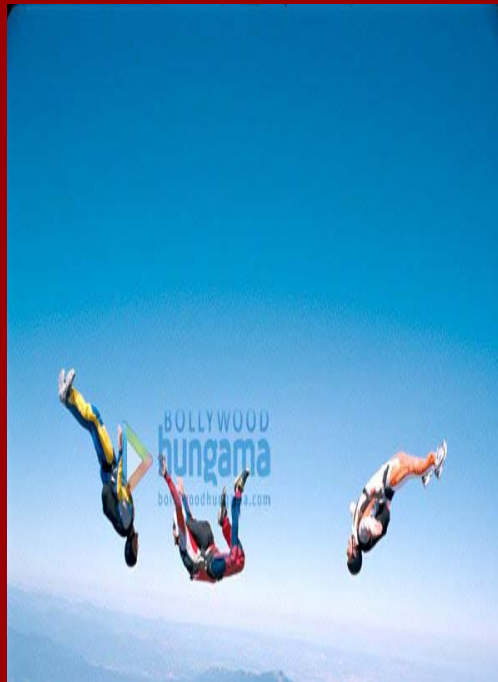
In doing so, they all ably demonstrate — in different ways — the inevitability of change, and the innate ability present in us to transform



Change is Inevitable

We know and accept that change is a constant, and yet are afraid to embrace change and transform ourselves in our choices, decisions and life

And yet, growth and success requires going beyond the comfort zone and breaking free from the constraints .



The Message

Move away from the comfort zones.
You do not have to sky-dive or face the
running bull but break the mould
Change your habits..skip on one leg or run
backwards, don't read the newspaper one day
Act/Feel different, free.
Enjoy the present let go of the past or future.

