

THE NATURE OF LOVE

I Would like to share something on the 'Nature of Love'

*I once had a friend who grew to be very close to me.
Once when we were sitting at the edge of a swimming pool,
She filled the palm of her hand with a little water
and held it before me, and said this:*

"You see this water carefully contained on my hand?

It symbolises Love."

This was how I saw it:

*"As long as you keep your hand caringly open
and allow it to remain there, it will always be there.*

*However, if you attempt to close your fingers around it
and try to possess it, it will spill through the first crack it finds.*

This is the greatest mistake that people do when they meet love...

They try to possess it, they demand, they expect...

And just like the water spilling out of your hand

Love will retrieve from you.

For Love is meant to be free, you cannot change it's nature.

If there are people you love, allow them to be free beings.

Give and don't expect. Advise, but don't order.

Ask, but never demand.

*It might sound simple, but it is a lesson
that may take a lifetime to truly practice.*

It is the Secret of Love.

*To truly practice it, you must sincerely feel no expectations
from those who love you, and yet an unconditional caring"*

SWAMI VIVEKANANDA

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